

MAPS PROGRAM



The Mental Health and Addictions Peer Support (MAPS) Program at the John Howard Society is staffed by Peer Support Workers, who are individuals with lived experience, and will work with you one-on-one to explore recovery goals and help connect you with community supports and services.

**Are you experiencing Mental Health and/or
Addiction issues?**

**Would you like to be better connected to supports
and services in your community?**

MAPS provides connections to mental health services, addiction services, housing supports, cultural resources, accessing OW & ODSP, and more!

**Would you like assistance and support in reaching
your goals?**

Peer Support Workers will support you by attending probation, court, and counselling appointments, and developing harm reduction plans

**If so, speak to your Probation & Parole Officer
about the John Howard Society MAPS Program**

OR

**Contact the John Howard Society of York Region:
(437-431-0231) / email:
ASreferrals@jhsyork.ca**