

Adult Programs & Services Inventory by Local Office

June 2016

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Belleville & District

19 – 21 Wallbridge Crescent Belleville, ON (613) 968-6628 Executive Director: Ms. Debbie Woods
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E-mail: dwoods@johnhowardbelleville.ca

Record Suspension Assistance

This free workshop is delivered weekly at the JHS office to assist individuals to seal their criminal record in order to obtain employment and/or travel outside of Canada. The workshop is a thirty minute session to start the process. When the first part of the record suspension process is completed, JHS needs to be contacted to set up an individual appointment to complete the second phase. It is offered as a core service.

Anger Management Program

Group workshops are available for providing anger management training over a period of eight sessions. The program is offered on a fee for service basis. An intake session must be completed to determine suitability prior to an individual beginning the program. Curriculum includes examining "the anger model," identifying triggers, developing coping skills, identifying ways of thinking that get us into trouble, discussing styles of anger, communication skills and more. Individuals must attend 7 of 8 sessions and pay for the program to receive a certificate.

Anti-Theft Program

The purpose of this three-session program is to determine what shoplifting is, why people steal, how theft can be prevented and the consequences of shoplifting. The group will brainstorm who is affected by theft/shoplifting. Handouts regarding case studies and police statistics on theft will be presented. The group will learn decision making skills and set strategies to identify and resolve high risk situations. This is a fee for service programs.

Core Services

The agency offers one-on-one counselling, case management, advocacy, and referrals. The services are available to adults who are involved in the criminal justice system and who require assistance to realize their personal goals. One hour sessions are provided as needed, following the completion of an initial intake assessment. Participation is voluntary, though some are directed by an Ontario Works worker or probation officer to attend. It is offered as a core service and funded by donations.

Direct Accountability Program (DAP)

For adults 18 years and older. DAP is an alternative to prosecution for eligible individuals who have been charged with minor criminal offences. The person needs to accept responsibility and complete a community-based sanction. The Stop, Shop Theft program is offered as a possible sanction and delivered six times a year. The program is funded by the Ministry of the Attorney General.

Durham

Main Office Ajax Office Clarington Office Whitby Office

75 Richmond St. W. 136 Commercial Ave. 132 Church St. #200 - 114 Dundas St. E.

Oshawa, ON Ajax, ON Clarington, ON Whitby, ON (905) 579-8482 (905) 427-8165 (905) 623-6814 (905) 666-8847

Executive Director: Ms. Dianna Eastwood Website: http://johnhoward.on.ca/durham/ Email: jhsdurham@jhsd.ca

Counselling

Continuous intake is provided for individual support counselling in the areas of stress, conflict, communication, parenting, substance use, relationships, grief and loss. Services are available at all of our office locations in Durham, accessible by an initial phone call to schedule an intake appointment. Funding is provided by United Way Durham Region.

Active Parenting

Provides two different group sessions, one for parents with children aged 5-12, and the other for parents of teens. Sessions are ongoing and run from September to June each year. Each group session is eight weeks long and runs for 2.5 hours. Parents in this program have the opportunity to enhance their parenting skills and learn best practices for establishing effective communication skills, while helping to teach self-reliance and responsibility to their children. Goals include replacing power struggles with cooperative family decisions. Video-based content is included along with the provision of workbooks for each participant. A certificate of completion is provided at the end of the program. Funding is provided by the United Way.

Anger Management (Youth and Adult groups)

These fee-for-service programs (based on a sliding fee scale to accommodate the financial situation of each individual) are operated as two separate groups: one for adults, and one for youth. Both are run for a ten week period for 2.5 hours each week, on site at one of the four JHS Durham offices in Ajax, Whitby, Oshawa or Clarington. Each week builds on the previous week's content. Program foci include identifying anger triggers, developing coping skills, recognizing alternate methods of expressing frustration and emotions to avoid physical outbursts, harm to relationships and self and/or legal complications. Each participant receives a workbook. Upon successful completion of the program, they receive a certificate. Funding for this program is ongoing and provided by the United Way of Durham Region.

Direct Accountability

The Direct Accountability runs out of the Oshawa Courthouse and is an alternative to formal prosecution for adults 18 and over who have been charged with a minor criminal offence. Individuals willing to accept responsibility for the actions that lead to the charge complete an assigned sanction within an agreed upon time period. Sanctions may include

restitution, community service work, charitable donations, attending a program, writing a letter of apology or agreeing to a peace bond. Programming options include Anger and Substance Abuse Prevention and Stop-Shop-Theft programs. Funding is provided by the Ministry of the Attorney General.

Project X-Change

The Project X-Change program is the lead agency in Durham for providing syringe exchange in office, through mobile outreach, and through partner agencies in the community. The program provides confidential access to harm reduction supplies such as clean syringes, inhalation kits, condoms and other basic materials one may require in order to stay safe and prevent the spread of blood-borne infections. A Naloxone Program is targeted for September 2017. Funding is provided by the Region of Durham Health Department.

Dads Aiming for Direction and Support (D.A.D.S.)

A 25 hour facilitated, educational and peer supported program for dads experiencing separation or divorce to expand their support network, strengthen relationships with their children, and develop healthy interpersonal, parenting and co-operative parenting skills. Clients talk to our program support staff for pre-screening followed by an appointment with a counselor for assessment and goal setting. Clients are referred by various community services such as: lawyers, courts, probation, employers, child protection workers, medical and social service workers, mental health workers, self, family or friends. Funding is provided by the United Way.

Learning Alternatives Program

This program helps adults to develop and apply communication, numeracy, interpersonal and digital skills to achieve their goals. The Learning Alternatives Program serves learners who have a specific path to successfully transition to employment, postsecondary, apprenticeship, secondary school, and increased independence. The Learning Alternatives Program creates individualized learning plans and provides flexible scheduling to support participant's needs and goals for success. The program runs its own small social enterprise, a snack bar/coffee table within the Oshawa office. Proceeds fund special celebrations, program supplies and class trips. Funding is provided by the Ministry of Advanced Education and Skills Development.

Employment Services

Free services to job seekers offered in the Whitby and Oshawa locations include:

Employment Resource Centre

Resource and Information services are open to the community at large regardless of employment status:

- A current job board with various employment opportunities
- Computer access with high-speed internet and Wi-Fi

- Fax, printer and photocopier services
- Telephone service
- Access to current labour market information
- Virtual job board

Job Search Supports and Career Building Technique Workshops

- One-to-one support from an employment advisor
- Resume and cover letter development workshops
- Interview practice and preparation workshops
- Job Search techniques and methods workshops
- Second career orientation
- Apprenticeship orientation
- Skills upgrading
- Asbestos abatement program/Rideau Social Enterprises
- Training services can include: Smart Serve, W.H.M.I.S online training and Worker Health and Safety Awareness Training
- Personality dimensions and National Safe Food Handling
- Free non-credit adult upgrading with individualized learning plans

On-site Employer Advisors provide guidance and assistance with:

- Job training and retention services
- Job coaching
- Mentoring
- Training and volunteer-based opportunities
- Follow-up

Job Matching & Placement Services

- Access to the hidden job market
- Job trials, placements and supports
- Training supports and employer incentives

Funding is provided by the Ministry of Advanced Education and Skills Development.

Housing Services

This is a free program in the Oshawa, Whitby and Clarington offices offered to individuals and families in need of assistance to retain and find affordable, stable housing. Available daily from Monday to Friday, this program also provides help to individuals needing to replace personal identification documents, create a home budget, or manage/resolve landlord-tenant-related issues.

Goals of the program include increased stability of the living conditions of individuals and families. In addition, public education is provided on the rights of tenants and obligations of landlords as property owners. Connections to community resources including food banks, shelters, clothing, bedding and the local rent bank are also made. In most cases, informal counselling is also provided. Limited support for transportation to emergency shelters may be available, as is some food through the provision of an "in-house" cupboard for those in crisis. Funding for this program is provided by the Region of Durham.

Sex Trade Housing Support Program (STHS)

STHS provides support to individuals and families who are involved in or effected by the sex trade to maintain long term housing stability through voluntary, coordinated and unique individual and group focused support services designed to increase their social, life, and employability skills.

This program assists male, female, and transgender sex trade workers in the Durham Region who are homeless or at imminent risk of homelessness. It is inclusive of youth, adults, persons with disabilities, persons with addictions and mental health issues, persons involved with the criminal justice system and victims of domestic violence. An individual who occasionally trades sex for cash, shelter, etc. may not view themselves as "a sex trade worker." This person is still eligible for the program.

Referrals can be made to the Outreach worker who will then complete an intake. If appropriate for service, an individualized service plan is created.

The STHS is funded by the Government of Canada's Homelessness Partnering Strategy Outreach Communities Initiative, through the United Way of Durham Region.

Hamilton, Burlington & Area

654 Barton St. E. Hamilton, ON (905) 522-4446 Executive Director: Ms. Donna De Jong Website: http://johnhoward.on.ca/hamilton/ Email: reception@jhshamilton.on.ca

Direct Accountability

Direct Accountability includes two service components: Community Justice Worker and Programming Options. The Community Justice Worker attends court on a daily basis and receives referrals for diversion from the office of the Crown Attorney for offenders who have been charged with provincial Class I presumptively eligible offences or low level Class II offences.

The Community Justice Worker works collaboratively with the Crown and the offender to determine, implement and monitor sanctions which could include one or more of the following: community service work, letter of apology, charitable donation, restitution, referral to Direct Accountability Programming Options, or alternate service within the community.

Direct Accountability also includes three Programming Options which can be utilized as sanctions based on the nature of the offence committed. Educational and informational in nature, the Programming Options include:

- Alcohol and drug awareness
- Anger management
- Stop Shop Theft

This program is funded by the Ministry of the Attorney General.

Federal Adult Diversion Program

The Adult Diversion Program is an initiative whereby selected offenders are diverted from the normal court process while still being accountable for their offence. To qualify for the program, an individual must be at least 18 years of age on the date of the offence and be charged within the schedule of offences acceptable for the Federal Adult Diversion Program. Upon successful completion of the Adult Diversion Agreement, all further criminal proceedings relating to the charge against the offender will be terminated. This is a fee for service program.

Adult Anger Management Program

The Anger Management Program utilizes an educational treatment approach to educate individuals in skills needed to manage anger and other emotions associated with the occurrence of aggression and anti-social behaviour. It is based on the cognitive behavioural approach to anger reduction and consists of ten two-hour group sessions. This is a fee for service program.

Bail Verification and Supervision Program

This pre-trial services program serves to assist both the Court and accused persons in the assignment and fulfillment of bail conditions. Verification of the accused's community circumstances is obtained to assist the Court in establishing bail requirements. In certain cases of financial hardship, a reporting requirement to the Bail Program may replace the condition for a cash or surety bail. This program is funded by the Ministry of the Attorney General.

Seniors Restorative Justice Committee Project

Originally funded by the Government of Canada's New Horizons for Seniors Program, the Seniors Restorative Justice Committee Project is a committee comprised of trained senior volunteers who mentor and support other seniors or older adults who have committed an offense in the community. This program is funded by Service Canada.

Committee participants (offenders) may be referred by the police (pre-charge) or court (post charge). The committee works with the offender to determine appropriate restitution consistent with restorative justice practices. Each committee meeting consists of two to three volunteers, the offender and the victim where possible. The rationale for the offence and appropriate restitutions are determined collaboratively by all participants. Restitutions may include (but are not limited to):

- Community service
- Letter of apology
- Financial restitution
- Participation in community programming
- Counselling

Crisis Intervention & Reintegration Services

This program, funded by the local United Way, provides short and long term crisis intervention to any member of the community having issues related to the criminal justice system or the youth justice system. Reintegration services are provided to individuals released from federal or provincial correctional centres who receive ongoing support and counselling relating to their identified needs. The Crisis Intervention & Reintegration Services can be accessed by an individual who has completed a sanction but who needs or wishes further information regarding community programs or resources. Funded by the United Way of Burlington & Greater Hamilton.

Parenting Skills Program

This is a support and skill-building program for parents of children and youth. The program is designed to teach effective parenting strategies to help parents assist their children to constructively deal with the issues they may encounter during their adolescent years. Discipline techniques, communication strategies, problem solving, negotiation and conflict resolution are taught. The program is delivered in conjunction with other youth service providers in the community, in large group information sessions

and in small group or individual follow-up. Funded as part of the Family Support Program by the United Way of Burlington & Greater Hamilton.

Family Support Program

The Family Support Program is designed to provide support, information, early intervention and referral to other services for parents with youth ages 12 to 17 who are experiencing parenting challenges or parent/child conflicts. Service is strength-based, family-centered and offered in individual or group formats. The goal is to assist families to find positive solutions to conflicts and concerns by identifying and using family strengths, creating greater understanding between parents and youth and providing a skills-building process for parents of youth.

Although the topics of the group sessions are participant-directed, some of the sessions available include: providing effective boundaries, communication strategies, problem solving, negotiation and conflict resolution. The program is delivered on site and off site throughout Hamilton, Burlington and Area and is open to community referrals. Funded by the United Way of Burlington & Greater Hamilton.

Transportation Program

The Transportation Program offers low cost, twice-per-month transportation for visitors to the federal institutions in the Warkworth and Kingston areas. Operated primarily by volunteers, the program allows for direct family contact which would not ordinarily be possible for families due to financial difficulties. Funded by the United Way of Burlington & Greater Hamilton.

Community Education Program

This program is designed to provide the community with a balanced approach to information regarding the realities of crime, crime trends and statistics and the impact of crime on Hamilton and its citizens. During the past decade we have seen a dramatic decrease in crime statistics, yet a converse increase in fear on the part of citizens. The agency attempts to counter this trend through appearances at seminars, speaking engagements, presentations and various media contacts to present a realistic view of crime and its impact. Funded by the John Howard Society of Hamilton, Burlington & Area.

Volunteer Program

Volunteers are an essential part of the operation of the John Howard Society and, as such, the agency ensures that all volunteers have been properly selected, screened, trained and supported in their work with the Society. Volunteers can be involved in board and committee membership, planning and consultation, special events, fundraising, and in direct service. Funded by the John Howard Society of Hamilton, Burlington & Area.

Bridging the Gap

Bridging the Gap is a support service for families impacted by incarceration. Programming is determined collaboratively by participants and program facilitators to identify and

address the specific needs of those who have an incarcerated loved one. Bridging the Gap offers consecutive programming to all members of the family, with separate groups for children and youth and for adults. Programming topics include (but are not limited to) income stability, budgeting and financial planning, dealing with stigma and isolation, coping strategies, visiting strategies, talking to your friends and family about incarceration, nutrition, and health and wellness.

Rideau Social Enterprises (RSE)

Rideau Social Enterprises has been providing employment opportunities for individuals with barriers to employment for the last 20 years. In 2012, RSE started a business stream that provides certified training to individuals to become asbestos abatement workers. Through a partnership with the John Howard Society of Ottawa Employment Ontario program, youth are recruited to complete the training and obtain valuable work experience. Following certification, using a temp agency model, these individuals are placed into companies who require workers with these skills.

The John Howard Society has a number of affiliates across Ontario who developed a social enterprise of this nature. By partnering with the John Howard Societies of Toronto, Hamilton and Durham Region, RSE can fill the abatement worker shortage in these communities. Each JHS partner recruits and trains a Local Business Developer. This person provides training to the youth, facilitates the testing requirement at a Ministry of Advanced Education and Skills Development approved testing site, develops further partnerships with asbestos abatement employers in their local communities and provides on-the-job training to workers. It is the experience of RSE that once a worker has proven themselves to be committed and reliable through the training period, they are offered a full-time position when one becomes available.

RSE approached and obtained funding from the Ministry of Economic Development and Growth to support the development of three additional provincial sites in Ontario starting in 2014. The project is occurring over a 22-month period, allowing the business developers time to establish working relationships with employers so that the project will be self-sustaining and can continue beyond the close of its funding term in 2016.

This program has targeted 50 youths per year over two years. These young people faced multiple barriers that include poverty, mental health problems, addiction, homelessness, unemployment and low educational achievement. Current and past clients of Rideau Social Enterprises are predominately either at-risk of justice system involvement or have already been in contact with the youth or adult justice system. By leveraging the partnerships between RSE, John Howard Society, and local Employment Ontario programs, these youth can be recruited to participate in this program and develop skills in the construction sector.

This program offers a continuous intake model with training sessions being provided as regularly as required. Minimally, each provincial training site conducts training six times

per year. Youth who participate in the training will be provided assistance with taking the written exam with a local college that offers the testing for the Asbestos Abatement Worker 253W certification. Following the training, youth are placed as quickly as possible with employer partners to train on the job. Usually, clients are placed in a job within one month of starting the training.

This program has a high value for the investment as it provides youth who face multiple barriers to employment assistance in obtaining work with a livable wage, advancement possibilities, and a provincially transferrable trade certification.

Pre-Apprenticeship Welding Program

Funded by the Ministry of Advanced Education and Skills Development, the Pre-Apprenticeship Welding Program is a collaboration between JHS, Elizabeth Fry Society of Southwestern Ontario, St. Leonard's Society Hamilton and Mohawk College. The program was designed to support federally- and provincially-sentenced individuals to gain employment skills supported by the local labour market. It includes a pre-employment/life skills component, pre-apprenticeship welding training and a paid employment placement.

Kawartha Lakes & Haliburton

31 Peel St. Lindsay, ON (705) 328-0472 Executive Director: Ms. Laura Maw Website: http://johnhoward.on.ca/kawartha/

Email: nfo@jhscklh.on.ca

Outreach Literacy Program (OLP)

This free, community-based program offers literacy services by volunteer tutors to all those with low literacy levels (literacy basic skills 1 and 2), and adult learners wanting help with reading, writing, math, computers, and employment, or to further their education. This program is part of Literacy Services Network and is offered at both affiliate sites in Lindsay and Haliburton, Monday through Friday, as well as at other community locations such as libraries if requested and arranged by client and tutor. This includes pre-credit classes with the school board and an academic upgrading program through the local college.

Prior to beginning the OLP program, a literacy standardized assessment tools (Skill Profile and Communications and Math Employment Readiness Assessment – C.A.M.E.R.A.), are administered to each participant by the program coordinator. All of the work done in the program is conducted on a one-on-one basis as well as in small groups. Community care drivers are available to transport participants to learning sessions. All participation is voluntary and some light refreshments may also be available. Funding is provided by the Ontario Ministry of Advanced Education and Skills Development.

Intermittent Community Work Program

This program, delivered in partnership with Operation Springboard, is offered at the JHS's main office and is available to adult men serving intermittent sentences in the community. The goal is to keep individuals connected with their family and other positive supports, and to help them to remain employed while serving their sentence. It also allows the participant to give back to their community. Supervision is usually on the weekends (this may vary at times). A weekend worker is on call (minimum of 8 hours over the weekend) and each client is required to complete a minimum of 8 hours of work within the placement (spread out between Saturday and Sunday). The JHS Case Manager then places the client and faxes completed Temporary Absence Passes (TAP's) back to Springboard. The client is approved for the program by the TAP Coordinator from Central East Correctional Centre. All work with program participants is provided on a one-on-one basis and all participation is mandated by Central East Correctional Centre, Ministry of Community Safety and Correctional Services. Funding for this program is provided on a sub-contract basis through Operation Springboard, whose contract is reviewed annually.

Community Service Order Program (CSO)

This program provides opportunities for adults who have been convicted of a crime and ordered by a Judge to complete community service hours as a way of giving back to the community. The initial assessment takes place at the JHS office and placement locations are available throughout the City of Kawartha Lakes and Haliburton. Though there is no

counselling component to this program; clients are seen on an ongoing basis for the duration that the CSO is outstanding. Funding for this program is provided by the Ministry of Community Safety and Correctional Services.

Partner Assault Response (PAR)

Parameters and curriculum for this program have been set by the Ministry of the Attorney General. This 12-week program provides service for court-ordered persons charged with domestic violence-related offences as well as for those referred by probation. The goals of the program are to increase victim safety and help prevent revictimization by holding participants accountable for their actions and providing them with pro-social tools to resolve conflicts. Females are accommodated individually or in small groups. There is a fee for this program that ranges from approximately \$120 to \$300 and is based on a participant's income level.

Groups are held onsite as well as in the community, as needed. The JHS PAR Program Coordinator is responsible for arranging groups and may, from time to time, counsel problematic situations as needed. There are two facilitators per group, one male and one female. Each PAR group session accommodates 12-16 clients for 12 two-hour sessions. Clients must attend all sessions in order to complete the program. There is a separate female partner facilitator who contacts the female partners of the participants in the group. Funding is provided by the Ministry of the Attorney General. The contract is renewed annually.

Institutional Services (IS)

This program includes one-on-one visitation, workshop delivery, and support for family members who have a relative in custody. Volunteers and staff provide these services which are offered to inmates who have been provincially-sentenced, remanded to custody, or who are being held on immigration matters at the Central East Correctional Centre (CECC). During two days each week, staff and volunteers provide one-on-one support to inmates during their incarceration. Support may also be provided following their release and once they are in the community. Assistance with finding housing and with resume writing to help secure employment is also available. In addition, basic lifeskills workshops are offered on a weekly basis at various times at the Central East Correctional Centre. Inmates may sign up to participate in these individual workshops. Funding for this program is provided by the Ministry of Community Safety and Correctional Services and the John Howard Society of Ontario.

Self-Management Program

This group program has been developed by JHS and is delivered via a contract with the Ministry of Community Safety and Correctional Services to provide two groups (10 sessions each) for a total of 40 clients per year. Each session is two hours in length and the program is held on site at the JHS office and in the community as needed. Participants are men and women who have been referred by the court, by other community service providers or self-referred. Through this program they are given the

opportunity to identify areas of stress/triggers that result in problematic behaviour. They are provided with tools and knowledge about how to use the insight that they gain to positively impact their behaviours, achieve more pro-social resolutions and prepare for further individual counselling.

Fees for participation not on a probation order range from \$120 to \$300, depending on the capacity of the individual to pay. Clients must attend all sessions to complete the program. Funding for this program is provided by the Ministry of Community Safety and Correctional Services. The contract is renewed annually.

Adult Diversion – Federal

The Adult Diversion Program was developed in conjunction with the Federal Crown Attorney's office. It is currently offered on a fee-for-service basis. All referrals come through the federal prosecutor and the program is an alternative to the normal court process. The program deals with offenses of 30 grams of marijuana or less. Sanctions include restitution, charitable donations, and a letter of apology.

Direct Accountability

The Direct Accountability program is an alternative to prosecution for eligible individuals aged 19 and over who have been charged with minor criminal offences. The program involves accused persons being held accountable through community-based sanctions. These sanctions may include restitution, apology, volunteer work, charitable donation, and attending a program or presentation. This program is funded through the Ministry of the Attorney General.

Adult Transitional Housing

This program is offered to individuals transitioning into permanent housing. All residence must complete a program plan that is tailored to their individual needs as they work towards sustainable housing.

Kingston & District

771 ½ Montreal St. Kingston ON (613) 542-7373 Executive Director: Mr. Tyler Fainstat
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Email: ed@johnhowardkingston.ca

Employment Services (ES) and Employment Resource Centre

This program offers a wide range of voluntary no fee services designed to help youth and adults find and keep jobs. The program provides:

- Individual employment counselling
- Assistance with resume and cover letter writing
- Aid in addressing pre-employment barriers
- Interview instruction and practice
- Referrals to job training and education
- Employer referrals
- Helping people develop and commit to an employment action plan
- Specialized blue collar job search strategies
- Career counselling
- Access to computers with internet and job search sites
- Access to newspapers, fax and photocopiers

This program is funded by Employment Ontario.

Community Services

Our intake/outreach program responds to the pre-release planning and post-release needs of ex-prisoners as they re-enter the community after a period of imprisonment. This program seeks to address the impact of poverty, isolation and criminalization. The Kingston area houses eight federal institutions, one provincial detention centre. However, we offer assistance to anyone being released from any institution to the Kingston area, from any part of Canada and abroad. Support offered includes, but is not limited to:

- Reintegration counseling
- Practical support
- Referrals
- Assistance with Ontario Works and access to emergency shelters
- Meal programs
- Food banks
- Clothing
- Bedding
- Furniture and other sundry items of daily living

Institutional Services

We provide support and assistance to individuals who are imprisoned in the eight federal penitentiaries throughout the Kingston area, as well as Quinte Detention Center in Napanee.

We work with incarcerated individuals to plan for their eventual release and to develop support networks which will help them once they are released from prison. Successful reintegration planning and preparedness is key to reducing risk factors of reoffending and contributing to community safety for all. This assistance includes, but is not limited to:

- Pre-release planning group to provide resources necessary for successful reintegration for individuals soon to be released into community
- Phone services to provide information and resources to individuals incarcerated and to families affected by incarceration
- Liaison between prisoners and their families to aid in communication
- Information on a variety of topics, such as the policies and procedures of the Correctional Services of Canada and the National Parole Board

Funding for these programs is provided by The John Howard Society of Ontario and our local fundraising activities.

Residential Services

Our housing program features fifteen bachelor units designed to provide accommodation and support to recently released men. Our primary objective is to provide residents with a stable, structured and supervised independent living environment as they reintegrate back into the community. By creating a supportive living environment, we provide individuals a chance at successful reintegration, an opportunity to work on education and employment objectives and access to services within a safe and supportive environment. Residents have access to:

- Residential support plans
- Housing support and advocacy
- Information and referrals
- Community resources
- Education and employment referrals
- Assistance with housing searches

Additional supports will be provided through community partnerships. All prospective residents must go through an application and interview process before being accepted to reside at the house. Funding for the Residential Services Program is provided by CSC.

Kingston Bail Program

The Bail Verification and Supervision program supervises individuals in the community who are 16 years and older and have been charged with a criminal offence, but do not have the social ties or finances to meet bail conditions.

London & District

601 Queens Ave. London ON (519) 438-4168 Executive Director: Ms. Taghrid Hussain Website: http://johnhoward.on.ca/london/ Email: jhslondon@execulink.com

Individual, Couple, Family, Group Counselling

Counselling is provided to offenders, persons who are at risk of offending and their respective families. Referrals are accepted from all sources. Social workers meet with clients to assess risk and needs and to develop an intervention plan which is responsive to the needs and risks presented. Advocacy with, and referrals to, community agencies are undertaken as needed. In addition to ongoing counselling services, the Society offers a crisis intervention service whereby clients are seen for brief service usually the same day. The program is funded by the United Way of London and Middlesex. There are no service fees.

Intake and Crisis Intervention

The Society provides an intake and crisis intervention service operating Monday through Friday. Referrals are accepted from any source and clients are usually seen the same day. Following a brief assessment and response to the immediate crisis, a referral to an agency worker or community resource is offered. Funding for this program is provided by the United Way of London and Middlesex.

Institutional Visiting

The Society responds to requests for help from inmates incarcerated in the Elgin Middlesex Detention Centre and the Stratford Jail. The Society provides information, help with reintegration planning, counselling and advocacy. Referrals are accepted from any source, including family, friends, community members and an individual on their own behalf. Institutional visiting is funded by the United Way of London and Middlesex and the United Way of Perth-Huron County for the Stratford Jail.

Record Suspension Clinics

The Society assists individuals in completing applications for a suspension of their criminal record. The service assists individuals in regaining confidence and boosting their self-esteem. Currently, the Society is advertising and delivering this service in Spanish and Arabic. The service is provided free of charge and funded by the United Way of London and Middlesex.

Community Maintenance Program – Multi Target

The Society facilitates a group program for federally released parolees. The 12-session group is designed to reduce the risk of reoffending by teaching individuals to apply skills learned in the main program to real-life situations. Referrals are accepted only from Correctional Services Canada, which funds this program.

Women's Group

The Society offers a women-centred program to support women who have a loved one in conflict with the criminal justice system. Women have an opportunity to receive support through emotional crisis and to evaluate their relationships. They are able to share their common experiences in a safe, non-judgemental and confidential setting. Women receive information about the criminal justice system, prison visits, parenting, and other topics. Through group involvement, women build relationships with other women and feel less socially isolated. The group is funded by the United Way of London and Middlesex.

Kingston Trips

Family members of inmates incarcerated in Kingston area institutions have an opportunity to visit. The Society employs a volunteer driver to drive family members to Toronto to connect with a bus service offered by the FEAT for Children of Incarcerated Parents. The families contribute to the cost of a car or van rental for the London to Toronto portion of the trip.

Bail Verification and Supervision Program

The Society offers bail supervision to accused persons who cannot afford a surety. Prospective clients are interviewed in holding cells at the courthouse to determine eligibility according to criteria set by the Ministry of the Attorney General, which funds the program. Once eligible and if the release is approved by the court, the individual is supervised on a weekly basis until disposition of the offence.

Direct Accountability Program

The Society offers groups in anger management, shoplifting and substance abuse for low risk offenders who are diverted from court. The program is funded by the Ministry of the Attorney General.

Native Services Program (Adults)

The Society supervises probation orders for Aboriginal adults residing in London and the three reserves: Muncee Delaware Nation, Chippewas of the Thames Nation and Oneida Nation of the Thames. The Native services workers incorporate traditional Aboriginal approaches in their work. The workers also complete pre-sentence reports and preparole investigations. The program is funded by the Ministry of Correctional Services and Community Safety.

Educational Workshops to Newcomers

The Society offers workshops to newcomers and refugees to educate them on justice and protection services and rights and responsibilities under Canadian law.

Volunteer Services

Members of the community are recruited, trained, supervised in the provision of agency services. The Society's social workers also supervise third and four year social work interns from King's University College. The volunteer program is funded by the United Way of London and Middlesex.

Community Education Program

The Society works closely with many community groups and coalitions to educate and involve more people to understand the social justice issues affecting John Howard Society's clients, providing information and workshops about the criminal justice system and its impact on society. The Society provides speakers to schools, churches, service clubs and community organizations. The Society has been present at the Mexican Fiesta Festival that congregates more than 3000 people of the Latin community. This program is funded by the United Way of London and Middlesex.

Gladue Court

In collaboration with the court and other agencies serving aboriginal people, the Society has supported the establishment of a Gladue Court in London. One of the Society's native services workers attends court held on a weekly basis and participates in training court officials and recommending appropriate referrals for accused persons.

Niagara

210 King St. St. Catharines, ON (905) 682-2657 Executive Director: Mr. Jay Gemmell Website: www.jhs-niagara.ca
Email: jobgym@jhs-niagara.ca

Bail Verification and Supervision Program

This program is open to individuals 16 years of age and older who are involved in the judicial system. The two main goals of the program are to provide community support for the courts and to assist participants to address issues related to their charges (e.g. alcohol and drug abuse).

The program is delivered at the St. Catharines Courthouse, JHS' main office, and JHS' offices in Welland and Fort Erie. There is a case management component to this program which is available 35 hours per week. Initially, clients are required to attend weekly appointments, and then, the supervision schedule can be adjusted based on need and individual circumstances. Eligibility is based on the outcome of an initial meeting between the JHS bail worker and the client prior to their bail hearing. All services and supports are offered on one on one basis. All participation is mandated by the Courts. Funding is provided by the Ministry of the Attorney General.

Community Service Order Program (CSO)

This program is open to individuals 18 years of age and older who are sentenced to complete community service hours as a condition of their probation order. The main goals of the program are to successfully complete a specified number of community service hours as mandated by the courts and to match each client with a work placement to ensure a positive outcome. There is no cost to participate in this program.

Initial intakes are completed at the JHS main office, as well as at JHS' offices in Welland, and Fort Erie. Community work placements occur across the Niagara Region. Case management services are also offered through this program which runs 35 hours per week. Minimum requirements are specified on each client's probation order. An initial intake assessment is completed at Probation and Parole Services before being referred to JHS. All services and supports are provided on a one to one basis and all participation is mandated by the Court. Funding is provided on an ongoing basis by the Ministry of Community Safety and Correctional Services.

Intermittent Community Work Program (ICWP)

JHS subcontracts this program through Operation Springboard. Intakes are completed at local institutions and forwarded to JHS staff through Springboard. Community work placements are set up for each participant, taking into consideration transportation issues related to their ability to get to work placement. Community work is performed on weekends and weekdays and is monitored by a JHS staff person. This program is for men who are 18 years or older.

Adult Diversion Program

This program addresses needs identified by JHS and the local office of the Federal Crown Attorney. It is provided on a fee-for-service basis which is paid by the client and based on a sliding scale. The program has been running for 12 years. It is open to individuals 18 years of age and older who have been criminally charged for the first time or who have been charged in the past with minor offences only. The main goals of the program are to reduce the number of individuals remanded to court, to reduce court costs for trial dates, and to give clients the opportunity to have their charges withdrawn. Initial intakes are completed at the St. Catharines courthouse or at the JHS office.

Case management services are offered through this program which runs for 35 hours per week. Participants are required to complete a certain number of community service work hours if this is the option chosen or if mandated by the courts. Other options include charitable donations or letters of apology and restitution. The Federal Crown Attorney's office does the screening for each client prior to their first court date and prior to referring them to JHS. Though clients are referred by the courts, individuals may choose whether or not to participate in the program. Funding is provided only by the service fees collected from participants.

Direct Accountability

The Direct Accountability program is an alternative to prosecution for eligible individuals 18 year or older who have been charged with minor criminal offences. The program involves accused persons being held accountable through community-based sanctions. Some of the sanctions available through the DAP include: restitution, an apology letter, volunteer work, charitable donations, peace bond, and forfeiture of sized property. The accused may also be sanctioned to attend an educational program at JHSoN, such as Anger Manager, Alcohol and Drug Awareness, or Stop Shop Theft. The main goals of the program are to reduce the number of individuals remanded to court, to reduce court costs for trial dates, and to give clients the opportunity to have their charges withdrawn. Initial intakes are completed at the St. Catharines or Welland courthouses or at the JHS office. The Crown Attorney's office does the screening for each client prior to their first court date and prior to referring them to JHS. Though clients are referred by the courts, individuals may choose whether or not to participate in the program. Funding is provided only by the service fees collected from participants. Funding is provided by the Ministry of Attorney General.

Justice Services Program

This program has been running for 5 years and is open to individuals 18 years of age and older who are sentenced to orders of probation. It involves two services: one is court intake and the second is low-risk probation supervision. The main goals of the program are to enhance probation and parole office supervision services through the use of qualified, trained volunteers, in an effort to further increase public safety. In addition, the program facilitates community volunteer involvement in the field of corrections and exposes probationers to an array of positive role models from the community in an

attempt to deter future criminal behaviour. Volunteers assist probation and parole officers with various duties associated with casework and court functions in order to enhance service efficiency.

Initial intakes are completed by probation officers at local probation and parole offices. The program has a case management and counselling component and runs for 35 hours per week. Clients are required to appear for ongoing scheduled appointments as stipulated by their probation orders. Intake assessments are completed at the St. Catharines courthouse. Clients are referred by the courts. Another facet to this program is our Volunteer Services Program which operates out of the local institution. Volunteers work with inmates on a one on one basis, focusing on their reintegration needs and plans. The program is funded by the Ministry of Community Safety and Correctional Services.

Employment

Employment Ontario Services funded through Ministry of Advanced Education and Skills Development. Assistance offered is Resource and Information, Client Service Planning and Coordinator, Job Matching and Placement Incentives, Second Career, Targeted Initiative for Older Workers, Ontario Works – Kitchen Prep, Canada-Ontario Job Grant, and Ontario Works – Starting towards Employment Program.

We offer seminars, skill building workshops, training, certification opportunities and job search expertise to people of all ages, at no cost. Participants are provided with several provincially recognized certifications including Food Safety, Smart Serve, Service Excellence, and Worker health and Safety Awareness. This also includes training on jobs searching employer expectations and job maintenance.

Anger Management

This program is a 10 week cognitive and evidence based program. It runs weekly for 10 one hour sessions in a closed, confidential group environment. Goals are to use positive coping mechanisms; use appropriate communication styles; respond to anger responsibly; control immediate responses of anger; and identify different anger styles through activities, open discussion and power point

Work Boot Program

This program assists anyone in the community seeking employment and who is in need of work boots. These boots, provided at the St. Catharines' office only, are used (steel-toed) and donated by the local General Motors plants. Individuals are often referred by local employment agencies as well as from other JHS programs. The main goal of the program is to eliminate one of the barriers to securing employment by providing proper footwear for the job. Access to these boots may be at any time during the regular 35 hour agency work week. Support and referrals to other services are offered as needed.

Ottawa

Main Office 550 Old St. Patrick St. Ottawa, ON (613) 789-7418 Non-Residential Attendance Centre 282 Montreal Rd. Ottawa, ON (613) 842-0999

Executive Director: Mr. Don Wadel Website: http://johnhoward.on.ca/ottawa/ Email: jhsottawa@ottawa.johnhoward.ca

Bail Verification and Supervision Program

This program, in operation since May of 2005, responds to a need identified by the provincial government to reduce the remand population at the local Detention Centre and to increase the court appearance rate. It is open to individuals 16 years of age and older who are facing outstanding charges in the Ottawa Criminal Court with minimal financial or social supports. The two main goals of the program are to increase the court appearance rate, and to ensure comprehension of court ordered conditions. In addition, individuals may be referred to other community service agencies to address additional issues such as addictions, employment, and educational upgrading. The program is delivered at four locations: The Ottawa Courthouse, JHS' main office, Cornwall Courthouse, and JHS' satellite office in Cornwall satellite office. Supervision appointments are scheduled until the individual's court matters are resolved. Initially, following an assessment, clients are required to attend weekly appointments but the supervision schedule can later be adjusted. Eligibility is based on the number of prior criminal convictions for failure to comply with conditions. Bus tickets are provided to attend supervision appointments. Clients are mandated by the Court to participate in the program. This program is funded on an ongoing basis by the Ministry of the Attorney General.

Aggression Prevention

The JHS Aggression Prevention program is an eight session program that assists adult male participants to explore the causes of their aggressive behavior and to identify and challenge the underlying beliefs and thinking patterns that lead to aggression. This program runs approximately six times per year. Please note that this program is not suitable for individuals who are currently dealing with the court system and/or being currently charged with domestic violence. For individuals requiring taking this program for Children's Aid Society (CAS), a direct referral from CAS is required.

Services in Court and Detention: Community Reintegration Worker

JHS Ottawa, in partnership the Ottawa Carleton Detention Centre (OCDC), provides a Community Reintegration Worker to assist men in the remand population and those recently released to prepare for their return to the community.

Supports in Social Housing

In partnership with Ottawa Community Housing and the City of Ottawa, JHS Ottawa (using a housing-first model) provides case management supports for single men who require intensive support to retain housing. The clients have a history of incarceration and homelessness and may have persistent mental illness and /or addictions or cognitive issues.

Housing Link

JHS Ottawa, in partnership with the City of Ottawa, provides individualized targeted housing supports to chronically and episodically homeless men exiting correctional institutions and other facilities. The program is strength- based, and low —threshold in that there is no prerequisite for participation beyond a history of homelessness. Men released from jail, correctional centres, and federal institutions, including those released at court through the forensic services of the Royal Ottawa Mental Health Centre are eligible for this program. In-reach services are provided at justice setting in Ottawa (including the courts, the remand centre and residential facilities) and referrals are accepted by phone and correspondence from provincial and federal institutions. The goal of the program is to divert moderate to high-acuity homeless men away from long term shelter stays by linking them to stable housing and supports of their choice in the community.

Community Reintegration: Crisis Intervention

The purpose of this program is to connect individuals at various stages of reintegration with needed supports and services. The program assists those in conflict with the law, or at risk of coming into conflict with the law, as well as any members of the community who find themselves in a crisis situation. The program helps clients address financial, housing, treatment, and employment needs; and, provides advocacy and support in crisis situations through referral and follow-up with social services, shelters, landlords, employment and training programs, and treatment resources.

Pre-Employment and Training Programs

The Pre-Employment Training (PET) Programs provide essential skills training to prepare individuals for employment, further education and training and movement towards personal independence goals. Programs offer individualized, goal-oriented training in reading, writing, numeracy and computer skills. Workshops are also offered to enhance communication skills and self-advocacy skills as well as self-management and self-direction skills.

• PET Skills

PET Skills helps you to achieve your education, training and employment goals by offering services that assist the individual in improving their reading, writing, numeracy, and computer skills. Instruction is offered through individualized learning and small group workshops. This program offers flexible times and allows you to work at your own pace.

• PET Links

PET links is a part-time, academic upgrading program that prepares you for post-secondary college education, apprenticeship, and work. Courses lead to the Academic and Career Entrance (ACE) certificate which is recognized by community colleges, apprenticeships and employers. This program offers individualized learning delivered by an Algonquin College teacher and a job coach to help you identify your career goals and develop a plan for further training and/or employment.

PET Reach

Urban Connections

Locations: Shepherds of Good Hope; The Well Drop-In; St. Andrew's Residence

W.I.S.E. (Women Increasing Skills for Employment)

Location: Cornerstone Women's Shelter

Provides services focused on reading, writing and computer skills, as well as employment preparation.

LEAFS (Literacy & Employment Access for Survival)

Location: Centre 454 Drop In and Hope Outreach

Provides services focused on reading, writing and computer skills, as well as employment preparation and job search assistance. Life Skills Workshops are also offered.

New Turn

Location: Rideauwood Addiction & Family Services

Provides services to individuals who are participating in Drug Treatment Court, which help participants to return to work, education and life.

PET Works

Services provided:

- Increased work productivity and self-confidence;
- Offers the skills workers need to perform their jobs efficiently, thoroughly and safely;
- Group workshops and individualized training: Communication skills, Customer Relations, Teamwork, Stress Management, Conflict Resolution and Time Management.

Benefits include:

- For all employers, employees and job seekers;
- Improved customer service;
- Services can be offered on-site at the workplace.

PET Pass

Services provided:

- On-line computer skills upgrading program;
- Independent learning at individual pace;
- Instruction in computer basics, internet, e-mail, business fundamentals, Microsoft Office and many other programs.

PET programs are funded by the Government of Ontario, United Way and City of Ottawa.

Employment

Our Employment Programs provide individuals with assistance to prepare for, find, and keep employment. Both the Community Employment Resource Centre and Hire Power programs offer individualized, goal-oriented assistance along with workshops on various topics, including resume writing, job search/networking, interview skills, shining on the job, apprenticeship, and trades. Smart Serve and WHMIS workshops provide certification, and are also available on-line. Workshops are offered in the community, schools and onsite. In addition, employers are assisted with their hiring needs throughout the year with job fairs, pre-screening of applicants, access to training incentives and one on one support to job seeker and employer.

Community Employment Resource Centre

The Community Employment Resource Centre, through the Employment Service program, assists individuals of all ages to access training; prepare for, find and maintain employment; and provides assistance to help employers find and hire qualified employees. The Resource room offers a welcoming environment for individuals providing information, resources and 14 computers available for public use. The Centre provides free employment services and programs to job seekers in the west end of Ottawa.

The Employment Service offers a range of services, tailored to meet individual needs, including: information and resource services, employment planning and preparation, and job search and placement support.

Services for job seekers:

- Individual employment counselling
- Access to subsidized placement
- Career interest assessments
- Interview preparation and job search support
- Résumé development
- Workshops (social media, smart serve, Next Chapter etc.)
- Iob Fairs
- Referral to Ministry delivered programs such as Second Career and Job Creation Partnership

• Youth Job Link Program geared towards assisting youth between the ages of 15-29 with employment workshops and resource and information support

Available resources:

- Job postings
- State of the art computers with high speed Internet access
- Fax machines and printers
- Telephones
- Business directories, newspapers and journals
- Training opportunities and labour market information
- Apprenticeship, education and career information
- Information on a wide variety of community resources

Employer services:

- Pre-screening and referring candidates for hire
- Posting job openings
- Providing training subsidies for eligible new hires
- Hosting Hiring and Job Fairs
- Subsidies for hiring youth with no work experience all year round

Canada Ontario Job Grant

- Provides an opportunity for employers to invest in skills training for employees
- Improves employee retention and creates opportunities for advancement
- Provides up to \$10,000 government support for training, with employers contributing only One-third of the total costs. Additional incentives available for small businesses

Referral source/information for clients to become involved:

- Walk-In service for employment needs clients can register online for a variety of workshops or call to register
- Outreach services available at our Hire Power Employment Services program at 550 Old St. Patrick Street

This Employment Ontario program is funded by the Government of Ontario and in part by the Government of Canada.

Hire Power Employment Services-Satellite service of CERC

Email: nthompson@jhsottawa.ca, dbellware@jhsottawa.ca

Contact: Neally Thompson or Deborah Bellware

Assists unemployed and underemployed individuals who have been in conflict with the law, or at risk of becoming involved in the criminal justice system, to prepare for, obtain and maintain meaningful employment.

Program objectives/goal:

- Secure meaningful employment
- Develop employment skills
- Improve employability
- Achieve healthy life-work balance

Services provided:

- Employment coaching
- Job development and placement
- Job retention support
- Professional resumes and cover letters
- Career assessments
- Screening and recruiting for employers

Anger Management

This free program is based on The Anger Solutions Program by Julie Christenson and the Lifestyles Programs by Dr. Barbara Armstrong. It is offered at JHS' main site and is open to ex-prisoners who have been deemed to be at medium- to high-risk of re-offending. It assists clients to recognize, challenge, and replace aggressive responses to their anger with pro-social expressions of anger. Each participant completes an initial one hour intake assessment. The program runs twice a week for two hours for 10 sessions. Clients can make-up up to 3 missed sessions after which they will be asked to leave the program. At this point, they may put their name on a wait list for the next group to begin in order to take the entire program again at another time. Bus tickets are available and participants are both voluntary and mandated. Letters of completion are provided for Children's Aid Society, probation, court, and the JHS Bail Program. The program is being run on a pilot basis and at this time there is no specific funding for it though it will be reevaluated in March of 2009.

Community Maintenance Program

This is a Correctional Service of Canada Core Program. Its focus is on relapse prevention and it is offered in a group setting in partnership with the Ottawa Parole Office and JHS. It is open to male federal parolees in the Ottawa area in order to provide a continuum of service, from the institution to the community, for those who have completed a core CSC program while incarcerated. Offered at the main site of JHS, it consists of one session offered for 2 hours each week. Generally the program runs for 12 weeks, though it can be reduced to 6 sessions in total for lower risk/needs clients. Participants can take up to 16 hours of programming. Eligibility is based on CSC programs taken while incarcerated. Bus tickets are provided and light refreshments are available. Participation is mandatory. Funding for this program is provided by the Correctional Service of Canada.

John Howard Society Housing Supports Program

This pilot program responds to the need within the City of Ottawa for a program to divert those who are being released from the Ottawa Carleton Detention Centre and the Ottawa Court House (and other detention centres and jails in Ontario) from the shelter system.

Homeless male clients who are being released from the Ottawa Carleton Detention Centre and the Ottawa Court House access support, referrals and crisis apartment units (limited availability) in an effort to move out of the shelter system by finding and maintaining affordable, clean, safe, housing in the community. The JHS Housing Support Worker visits clients at the Ottawa Carleton Detention Centre and at the Ottawa Court House, and meets with service users at the JHS main site. The program runs from 8:30 am to 4:30 pm, Monday to Friday, on a one on one basis. Bus tickets and taxi chits are provided and participation is voluntary. Food vouchers are available on a limited basis for emergencies.

The program is funded through the City of Ottawa Housing Branch. It is a pilot project and has been running for 18 months and will expire in March of 2009. However, an application for funding renewal has been submitted.

Transitional and Supportive Housing Program

In response to a need identified by JHS' Board and staff with encouragement from the Ottawa Police Services, three residences are available to provide monitoring and support for ex-prisoners who have been determined to be "high risk/need releases." A total of 46 beds are available, including 37 independent studio apartments and 9 rooms where residents share kitchen and bathroom facilities.

The goal is to provide safe, affordable housing for the period immediately following release, during a time of crisis, or while completing Drug Treatment Court, sex offender or mental health treatment. While providing residents with stable accommodation, JHS staff work with individuals towards longer term housing and employment related goals. Residents are expected to pay \$340 per month in rent from their Ontario Works benefits. Monitoring and support is available 24 hours a day, 7 days a week, with periods of residency ranging from three months to several years. There is also a follow-up period of support for at least 3 additional months. Residents move on when their conditions of release permit them to do so, and when they find safe, affordable housing.

Assessments and case planning are conducted and all services and supports are offered on a one on one basis. Residents may also be escorted by staff to medical or treatment appointments and some bus tickets are available. A food bank is accessible to all residents who may stay voluntarily, although leaving the residence would cause problems with both the drug treatment court judge and probation/parole supervisors.

Current funding includes per diem contracts with the Correctional Service of Canada (20 beds), Ministry of Community Safety and Correctional Services (14 beds) and Ottawa Drug Treatment Court (4 beds). The funding is secure and negotiations are underway to include a mental health per diem contract.

Adult Housing: Kirkpatrick House (KH)

In response to an identified need for a community residential facility for adult males released from federal penitentiaries in the Ottawa area, Kirkpatrick House opened in December 1978. The facility assists men in their quest for pro-social re-integration and living positive lifestyles via employment/school, and community programs at both JHS and local parole offices. Other goals include assisting residents to become self-sufficient. There are 22 beds (8 double rooms and 6 single rooms) and several years ago, rental payments were abolished while per diem costs to the Correctional Service of Canada (CSC) were increased. This allows for the residents to save funds to use upon their release from the halfway house towards their own residence in the community. A JHS Case Management Team provides support for each resident. Assessments are completed prior to their admission. Staff are on site 24 hours a day, 7 days a week. Some residents are simply finishing their sentence; others are on long term supervision orders, or maybe on statutory releases with a residency condition to reside in a specific place.

Residents must complete their conditional release before moving out into the community by securing their full parole, reaching their statutory release dates, or until the expiration of their warrant (end of their actual sentence). There is a weekly Community Assessment team that reviews applicants who are applying to reside in Ottawa. The CRF directors, police, community liaison representatives, a supervisor, and the parole officer in charge attend weekly meetings and provide input on the eligibility/candidacy of each applicant for release into the community. This group may accept, deny, or defer a case based on the information available. There is a cook in the house who makes the evening meals Monday through Friday. Foodstuffs are provided for "off" times and on the weekends and residents are encouraged to purchase their own specialty foods/snacks. The residents who reside at Kirkpatrick House are mandated by CSC. On occasion voluntary clients who want to come to the CRF for a period of stability prior to living on their own in the community are permitted.

Kirkpatrick House prides itself on providing a homelike environment for its residents. There are no in-house programs available but there is an excellent case management system and link to the Ottawa parole office. Funding is provided by CSC through an annual contract, per diem rate per facility, per fiscal year. The funding contracts are renewed annually.

AAA (Attitudes, Associates and Alternatives)

This is a Correctional Service of Canada program offered in partnership with the Ottawa parole office twice per year. It is open to male federal parolees in the Ottawa area. The goals of the program are to challenge and replace pro-criminal thinking and behaviours,

develop problem solving skills, provide relapse prevention, goal setting and risk reduction. Clients are referred by the Program Officer at the Ottawa parole office and are assessed by the John Howard Society Program Facilitator. There is no fee to participate and the program is offered at JHS' main site. This group program runs twice per week for 30 hours and clients must complete all of the sessions. Bus tickets are provided and light refreshments are available. Clients are mandated to attend. Funding is provided by the Correctional Service of Canada.

Crisis Intervention

In response to a need identified by JHS to provide crisis intervention services for those being released from custody without support, this service, offered daily (8:30 am to 6:30 pm, Monday through Friday), is open to anyone in the Ottawa area that is in crisis. However, the majority of the clients served have been involved with the criminal justice system and face housing, addiction, and mental health issues. The goals of the program are to respond directly to the client's presenting need (i.e. food, shelter, transportation, financial, housing, mental health, emotional needs), supporting them through their crisis and then motivating them to address identified core issues through treatment or other interventions on an individual basis. In some cases, bus tickets and taxi chits are issued. Light refreshments are also available and clients are both voluntary and mandated. In addition, condoms are available as are referrals to other community programs or services and advocacy with the Ontario Disability Support Program and Ontario Works when needed. This program is funded by United Way and is renewed annually. It has been running for 8 years and it is anticipated to continue.

Reintegration Program

The program provides inmates in the Ottawa Carleton Detention Centre with assistance in obtaining personal identification including birth certificates, Ontario Health Cards, and social insurance cards. In addition, JHS staff conduct substance abuse assessments to facilitate acceptance into treatment programs for inmates who will be facing addiction issues at the time of their discharge. For those inmates facing mental health issues, JHS staff liaise with the correctional psychologist, mental health nurse, and the Centre for Mental Health and Addiction to develop release plans. In order to address the key housing needs facing many ex-prisoners, a comprehensive inventory of housing resources that includes pre-screened rooming houses is maintained. Also, office reporting opportunities for discharged inmates to ensure follow-through with release plans are also provided.

The program is delivered in partnership with the Ottawa Carleton Detention Centre and operates Tuesday to Friday, 8:30 am to 4:30 pm. An individualized intake assessment is done with each client. Bus tickets and taxi chits are available and all participation is voluntary. Funding is provided by the Ottawa Carleton Detention Centre.

Urban Connections

This free program responds to an identified need in the community for "drop-in" literacy services for those who do not wish to register in a formalized program. It is open to people who are homeless or at risk of becoming homeless, including individuals living in poverty, facing mental health issues and/or learning disabilities. The focus of the program is on skill acquisition and the provision of literacy help to those that do not ordinarily have access to any educational services. Operating from 5 outreach sites (Centre 454, Capital Mission, Shepherds of Good Hope, The Well, St. Andrew's Residence), the program consists of one, 3 hour session per week, within a drop-in program. These sessions may take place in both one on one and group formats.

Brief assessments are conducted with each participant to ensure that they can be served by this program. Refreshments are available and participation is voluntary. In addition, the program sometimes provides a "stepping stone" for those who will later enrol in the JHS Literacy Program, Skills Plus. Funding for this program has been provided by The Ontario Trillium Foundation for a 3-year project period which ends in August of 2009. Additional funding is currently being sought.

Peel-Halton-Dufferin

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Executive Director: Mr. Darren Pennock
Website: http://johnhoward.on.ca/peel-halton-dufferin/
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Bail Program

The Bail Program is open to males and females over the age of 16, who appear before the courts with outstanding allegations. The goal of the program is to provide an option to the court for those who are candidates for release but who do not have a suitable surety available. In these cases, JHS is able to provide neutral and verified information to the court which would assist in the decision for the release of an accused. Applicants to the program are interviewed and a verification process is completed which includes collecting information to confirm eligibility, based on primary grounds (i.e. ties to the community, history of non-compliance with court orders, ability to comprehend the expectations of bail program, and a willingness to abide by the condition(s) for reporting). In Peel, the verification process operates 365 days per year, weekend and statutory holiday (WASH) court includes services to those who would normally appear before the courts in Orangeville. In both Orangeville and Milton courts, staff are available Monday to Friday to conduct the verification process.

The Supervision component of the program is delivered at locations in Brampton, Mississauga, Milton and Orangeville and includes Case Management based on an assessment of risk and need. All service is provided on a one to one, confidential basis. Participation in Bail Program is mandated through a Recognizance of Bail, failure to comply with the Recognizance can result in a Breach of the Order. In support of case management and meeting reporting requirements, supervision is available Monday to Friday, and on specific evenings each week, at all locations. In the Region of Peel a partnership agreement with the Canadian Mental Health Association provides a collaborative model of case management for those with a mental health diagnosis to develop a criminal diversion plan. In addition, designated staff are assigned to the mental health court twice each week to aid in facilitating plans of community release for those found eligible by the court.

Additional supports such as transportation assistance can be made available to ensure attendance at court. In Peel, Halton and Dufferin court offices, a small supply of clothing is kept to assist those who are released from the court after having been in an institution and released in clothing that may be inappropriate (e.g. prison issue jumpsuit, shorts and T-shirts in the winter, etc.). Clients reporting to the Brampton and Mississauga locations also have access to the Needle Exchange program while all locations make condoms

available to clients. Bail Program participants are referred internally to other in-house programs and supports. Funding for this program is provided by the Ministry of the Attorney General.

Resolve: Adult Anger Management and Emotion Regulation Program

This fee for service program originated from the New Leaf Program developed by JHS-Windsor-Essex. Program fees are based on a sliding scale. The program has been offered for more than 15 years to adult males and more recently to young persons (age 16+ years). The target groups are males, ages 22 and up for the adult program, and for youth, 16 to 21. The program teaches participants self-regulation and self-management skills that allow them to reduce the intensity, frequency and duration of their anger and subsequently, ends their patterns of aggression.

Offered on-site in all of Peel, Halton and Dufferin locations, the program has a Case Management component and consists of 12 group sessions with 1 to 3 pre-group meetings for intake and assessment purposes. The program includes a follow-up component. Participants must complete all sessions in order to receive a certificate of completion. Eligibility is based on the outcome of an intake assessment. Participation is voluntary, although most are seeking a program based on a required outstanding sanction (court, workplace or medical recommendation) that requires that a program be completed. Funding for this program may be provided in part by the United Way, by the user fees charged or through Ontario Works.

Community Services

The Community Services program is voluntary and open to both males and females, adults and youth, who are in crisis and facing on-going challenges with housing, poverty, addiction, mental health, criminal justice, relationships or self-management. The program's goal is to provide counselling, support, advocacy and referrals to assist clients in achieving their identified personal goals. There is no wait list; however, clients are encouraged to make and keep appointments although they may be seen on a first come, first served basis. Services are available Monday to Friday from 9:00 am to 4:00 pm. All individuals seeking services are provided with a confidential interview whether by scheduled appointment or by "walking-in." Collect phone calls from institutions are accepted but not for the purposes of third party calls. The Program is delivered out of locations in Brampton, Milton, and Orangeville.

Community Services interventions, for all locations, may include transportation assistance, housing help, life skills programming, income tax supports and free access to computers, phones, and fax machines. In Peel, the funding for Community Services is provided by the Peel United Way, which is renewed annually. Both Brampton and Mississauga locations, in partnership with the Region of Peel, act as Needle Exchange sites, plus both Peel locations have available to clients the Voice Mail Program. Community Services in Halton are funded in part by Milton United Way. The Halton location offers a Substance Use Prevention Program (for youth).

Dufferin also makes available the Dufferin Housing Help Center which maintains a housing registry to assist individuals in securing affordable accommodation that exists in the private rental market. Housing search resource area with internet, telephone and fax is provided. Counsellors are available to support clients through the process. Landlords are provided with free listing service to post rental vacancies and to connect to suitable tenants. This service is available on-line at dufferinhousinghelp.com or by contacting the Orangeville location.

Employment Services

This free program, operating out of the Brampton JHSPHD office at 134 Main Street North, provides employment assistance to all persons who are unemployed or underemployed. Hours of operation are: Monday to Friday, 9:00 am to 4:00 pm, with extended hours on Wednesday evenings (5:00 pm to 7:00 pm). The Employment Program provides a range of services and supports ranging from self-directed use of the Resource Centre, to individual, customized employment counselling and supports including subsidized and monitored employment placements. Second Career applications comprise a significant part of the service activity. A component of the program is to work with employers in facilitating the matching with job seekers and with successful job maintenance.

Summer Job Services, a separate component of Employment Services, connects youth returning to school (15 to 24 years of age) with finding summer jobs. It is a subsidized wage program whereby employers receive subsidies to provide summer work to students. Employers and students are matched through the program to maximize the learning and the available funding. Transportation and other financial supports may be provided through this program based on identified individual need. All participation is voluntary. Funding for employment services is provided by the Ministry of Advanced Education and Skills Development.

Institutional Services – Pre-release Planning

This program assists adult males and their families in both Maplehurst and Milton (sentenced and remand) and in the Ontario Correctional Institute (OCI) in Brampton (sentenced) to prepare for successful reintegration and release to their home community. Working within the institutions, JHSPHD also ensures humane and lawful treatment of prisoners in keeping with Canadian and International standards prescribed by the UN Conventions. Referrals are made and information is provided to best support an individual's release plan. A staff person attends on a weekly basis at Maplehurst and OCI to meet directly with inmates based on their written requests for an interview. Services to inmates from any institution are available Monday through Friday by telephone or regular mail. Collect calls are accepted. All participation is voluntary.

Accused persons on remand and awaiting a bail hearing or a bail review, who are housed in Maplehurst, may put in a request to be interviewed as a candidate for Bail Supervision.

A staff person visits Maplehurst weekly to interview those who have submitted these requests. Inmates are also able to make inquiries regarding eligibility, by telephone, any day of the week. If they meet criteria, they are able to begin the application process.

Funding for the pre-release program is provided by the Peel United Way, as part of the base funding for the Society and has been in place since about 1980. Funding for the bail verification and supervision programs is provided through the Ministry of the Attorney General.

Direct Accountability Program (Halton)

The direct accountability program is an alternative to prosecution for eligible individuals over the age of 18 who have been charged with minor criminal offences. The program involves accused persons being held accountable through community-based sanctions. Individuals referred to the direct accountability programming options have been assessed as being able to benefit from an opportunity to address the problematic thinking, feelings and behaviour that has led to their involvement with the criminal justice system.

Participants must have been screened by the Crown as eligible to participate in the direct accountability program, and have been assessed as appropriate for one of the program options by the Direct Accountability Worker at the court. This program is funded by the Ministry of the Attorney General.

Peterborough

305 Stewart St. Peterborough, ON (705) 743-8331 Executive Director: Ms. Kathy Neill

Website: http://johnhoward.on.ca/peterborough/

Email: jhsptbo@jhsptbo.com

Record Suspension / Pardon

This is a free service, provided by JHS to all members of the community requiring assistance to complete a record suspension application. Offered at the main JHS office site, clients meet with a JHS worker, who assists them with the application process and ensure that all conditions are met before the application itself is submitted to avoid problems and delays. Fees are not charged for this service, but clients are required to pay the fees associated with the application (e.g. police check). Individuals are encouraged to go through this regular record suspension/pardon application process, rather than through a private company which is likely to charge a prohibitive fee. Funding for this service is provided through private donations.

Caring Dads

Caring Dads is a 17 week intervention program for fathers (including biological, step, common-law) who have physically abused, emotionally abused or neglected their children, or exposed their children to domestic violence or who are deemed to be at high-risk for these behaviours. The group component of Caring Dads combines elements of parenting, fathering, issues of abuse and child protection practice to enhance the safety and well-being of children. Program principles emphasize the need to enhance men's motivation, promote child-centred fathering, address men's ability to engage in respectful, non-abusive co-parenting with children's mothers, recognize that children's experience of trauma will impact the rate of possible change, and work collaboratively with other service providers to ensure that children benefit (and are not unintentionally harmed) as a result of father's participation in intervention. Referrals are primarily made through Children's Aid Society and Probation and Parole. The Caring Dads program is funded through The Community Foundation of Greater Peterborough.

Healing From Within

This program assists men in healing from the trauma of childhood sexual abuse and/or assault. The program works from a male centred approach that honours and respects the experiences of men. The phases of healing include: Awareness and Disclosure, Understanding, Learning New Skills, and Transformation. Individual and group sessions are available. Funding for this program is provided by the United Way.

Partner Assault Response (PAR)

This 12 week group program serves men and women who have been charged with domestic violence and assault. Each weekly session is two hours in length. Referrals are only accepted from the courts and probation. PAR is a psycho-educational program using various theories based on power, control and equality and assists participants to develop

strategies for achieving healthy relationships. Fees for this program are based on a sliding scale (\$120 to \$360 for 12 weeks). The program is offered on-site.

The women's group is separate from the men's and utilizes a curriculum specific to the needs of women. All participants complete an intake assessment prior to beginning the program. In addition, JHS has a contract to deliver the program in Bancroft. Clients requiring additional counselling are referred to other agencies in the community though some one on one work can be done outside of the group. Partner support is also provided. Funding is provided by the Ministry of the Attorney General.

Anger Management

Anger Management is an 8 week course that specifically focuses on strategies to manage anger in a healthy way. This group is held on Tuesday, from 1 pm to 3 pm, and is open to both men and women. The fee to attend this program is \$80.

Institutional Services/Visits

Provides services on a bi-weekly basis to men who are serving sentences in Warkworth Institution upon request. JHS staff in this program offer support, advocacy and assistance with pre-release plans. Funding for the program is provided by the John Howard Society of Ontario.

Sarnia Lambton

300 Christina St. N. Sarnia, ON (519) 336-1020

Executive Director: Ms. Christine LeDrew Website: http://johnhoward.on.ca/sarnia-lambton/

Email: cledrew@johnhowardsarnia.com

Advocacy Service

This service has been provided since the agency's inception in 1949 and is currently offered when time permits on an ad hoc basis. Available to all members of the community as a preventive program, though generally utilized by former prisoners and/or their families, it allows for staff at JHS to provide their expertise and resources to advocate on a clients' behalf. Individuals are assisted to meet their immediate needs and to be supported in accessing their rights as community members. This is a non-funded program.

Affidavit Assistance

This ad hoc service is open to JHS' clients as well as members of the general community. This service allows for the provision of a sworn affidavit (with photograph) to be used as partial identification. This identification can assist with applications for welfare and similar services, as well as for visitation in the Sarnia Jail. This is not a funded service.

Anger Management

Anger Management Cognitive Behavioural Therapy programming is offered both individually and within a group setting. The program is an intensive, structured, ten week program. This is a fee for service program.

Awareness to Wellness

This program is an alternative sentencing option directed by the Crown Prosecutor for illegal substance possession charges. This program provides drug abuse awareness and prevention in the form of written materials and self-exploratory exercises. Participants are asked to apply the topics and questions discussed to their own drug use to gain a greater self-awareness of their substance use issues. This is a fee for service program.

Community Education

Since its inception in 1949, JHS has provided the community with an understanding of the work of the Society and its philosophy by sharing information in schools, at local community agencies, to citizen groups (e.g. service clubs), to the media, etc. This service is offered on an ad hoc basis and upon invitation from various groups. This is not a funded service.

Community Service Order Program

This program is open to adults in Lambton County who have been sentenced by the Court to perform community service hours. The program strives to provide a safe and considerate environment with proper supervision and motivation to aid clients in completing their sentence requirements. Placement facilities are located throughout the

City of Sarnia and Lambton County, including First Nations Territories, and in partnership with numerous community partners who provide both placement opportunities as well as supervision. Funding is provided by the Ministry of Community Safety and Correctional Services.

Institutional Services – Reintegration Planning

This program assists males and females in the Sarnia Jail to prepare a workable discharge plan before their release. These plans are rehabilitation focused and include relapse prevention and other forms of community based assistance. Informal needs-based assessments are completed with each client. JHS staff attend the Sarnia Jail weekly for this service. All participation is voluntary. Program funding is provided by the Ministry of Community Safety and Correctional Services.

Life Skills Coaching and Mentoring

This program is available to adults in Sarnia-Lambton who desire assistance in developing personal areas of growth. Mentoring and Coaching assists the client in identifying strengths, building solutions, increasing self-efficacy, developing skills, and encouraging independence. Clients are supported through a series of structured meetings with a helping professional.

Material Assistance

This program serves newly released inmates and others in crisis situations. Through this program, JHS provides a meal, hygiene and clothing needs, and connects the client to other community services on an ad hoc basis. All assistance is provided on a one on one basis. Funds for this program come from general donations to the Society.

Pre-charge Adult Diversion

This program is an alternative option to the traditional legal process. Police Services consider diversion as a viable option to laying formal charges in cases where harm can be reduced to the victim, community, and to the offender through alternative means. Restorative measures are determined and agreed upon, taking into account the offence, surrounding circumstances, involved parties, and precipitating risk factors. This is a fee for service program.

Record Suspension Assistance

This program assists individuals to complete the record suspension application process, ensuring that all applicable documents are filled out properly and that the process is understood. This ad hoc assistance is available to everyone in the community, and is offered on site at the JHS office. This is not a funded service.

Sault Ste. Marie & District

27 King St. Sault Ste. Marie, ON (705) 759-1703 Executive Director: Ms. Suzanne Lajambe
Website: http://johnhoward.on.ca/sault-ste-marie/

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Anger Management

Group programs are open to males experiencing problems in their lives as a result of verbal or physical aggression and poor decision making. Women are also referred for one to one services. Referrals are based on court orders as well as community/self-referrals. The goal of anger management is to reduce both negative emotional feelings and the physiological arousal that anger causes. Once this is achieved, participants can use new skills to control impulses, alter self-defeating thinking, assert themselves and problem solve. This allows the participant to contribute to healthier relationships and live pro-socially in the community.

Research has identified the link between growing up in a violent home and becoming violent as an adult. Many parents that have been abused as children are now passing on the same damaging behaviours. Their children are at greater risk of becoming violent. In order to break this cycle, it is important for participants to understand the impact of witnessing and/or experiencing family violence and its correlation to how they currently manage their anger.

Two options are available:

• Intensive Anger Management

Geared for high risk adults, this program has been researched and uses the most up to date literature on "what works" with this client group. It includes assessment, motivational interviewing and cognitive behavioral strategies, including follow-up and ongoing support services.

• Change is a Choice

Intended to give clients general information about anger management and rehabilitative options. The program uses video, limited discussion and handout materials regarding anger and aggression. Clients are able to identify the skills needed to manage behaviour when angry and are given opportunities for self-assessment.

These programs are funded by Ministry of Community Safety and Correctional Services, the United Way and fee for services.

Bail Verification and Supervision Program

This program serves all people, ages 16 and up, accused of criminal offences and required to attend bail court. It provides information to the courts to speed up the court process. For those who qualify for bail, without the finances or social ties to meet bail

conditions, we also offer supervision to those released while awaiting trial. The program supports the reduction of delays in criminal court and represents a cost effective alternative to remand in jail, by enabling the release of accused individuals. An assessment is completed upon release. The results of the assessment help the client and the Bail Supervisor in developing a case plan to address areas of concern that may have contributed to the alleged offence and/or be causing difficulty in a person's life. This program is funded by the Ministry of the Attorney General.

Community Service Order Program

This program responds to a need for alternative sentencing options for those charged with non-violent offences. It is open to anyone over the age of 18 who have been ordered to perform community service hours by the courts. The intent of the program is to provide an opportunity to repair damage, while allowing participants to enhance their skills, through participating in work placements at non-profits agencies. JHS staff also provides participants with referrals to other organizations, when needed for short term counselling, as it pertains to their successful placement with an agency. This program is funded by the Ministry of Community Safety & Correctional Services

Direct Accountability Program

This is a diversion program which reduces court time and criminal records for adults. The Crown Attorney notifies the accused at their first court appearance if they are eligible for this program. The accused then meets with the JHS Direct Accountability Coordinator who explains the program and the sanction assigned by the Crown, and then determines eligibility. To be considered for the program an individual must:

- Be willing to accept responsibility for actions that led to the charge;
- Be willing to make amends for their offence through an assigned task or "sanction";
- Complete an agreement, which outlines the terms of sanctions to be met.

If successful, the person does not have to return to court and does not have a criminal conviction registered. Sanctions include: Community Service Hours; restitution to the victim; donation to an agency; or attendance at our Anger and Substance Awareness Program. This program explores anger and substance use and the effects on the mind and body, the costs and benefits of substance use, the benefits of change and treatment options. This program is funded by Ministry of the Attorney General.

Discharge Planning / Brief Services

Services are offered in order to meet the needs of inmates and newly released prisoners. The goal of the program is to assess inmates needs at the Algoma Treatment and Remand Centre and develop a plan for their release which includes housing, financial assistance and programming necessary to assist with reintegration.

The program also provided brief service counselling at JHS through counselling services in our office. We also provided trustee services assisting with finances on a weekly basis, to ensure they were able to maintain housing and support themselves. The service includes

budgeting, advocacy and ongoing counselling. This program is funded by the Algoma Treatment and Remand Centre /United Way.

Housing Stability Program

Our newest program at JHS focuses on assessing the barriers people face, jeopardizing their ability to maintain their housing, resulting in financial difficulties. It is an excellent complement to both Social Skills Training and Intensive Case Management services. This service is offered to people that are housed but facing an inability to pay either their rent and/or utilities. In order to maintain their housing, our staff assesses what circumstances led to the situation, followed by the development of a plan to ensure their housing and finances are stabilized. A repayment plan is developed along with the client for monies provided by the Housing Division of Sault Ste. Marie. This service offers the added benefit of people maintaining their housing, along with case management, to ensure they are able to manage their finances over the long term, along with referrals when other services are deemed necessary. This program is funded by Sault Ste. Marie District Social Services Administration Board.

Intensive Housing-Based Case Management

This program provides intensive case management services to residents housed under the Urgent Homelessness Program with the city of Sault Ste. Marie. It also includes working with homeless individuals/families residing in local shelters and with individuals who are at high risk of homelessness. We have been effective at reaching individuals in their own environment, where success in learning the skills being taught is higher. The focus is also on housing maintenance for those at risk of losing their housing and improving social integration for shelter residents to re-enter the community, employment and/or return to school. This program is funded by Sault Ste. Marie District Social Services Administration Board.

Offender Treatment

We provide anger management, cognitive skills and relapse prevention skills to those on parole or recently released from federal custody. These services are essential to the success of those returning to the Sault following incarceration in the Prison System. Services included treatment based training that JHS staff received through Correctional Services Canada (including drug and alcohol relapse prevention and maintenance programs). Individuals who are assessed as being high risk for re-offending and living problematic, anti-social lifestyles are candidates for the program. The program is open to parolees as well as other community members, though for the latter group, there is a fee for service, based on a sliding scale of income. We also make referrals to community resources to assist the participants in overcoming barriers to their pro-social living. This program is funded by Correctional Services Canada and fee for services.

Option for Change - Social Skills Groups

Skill building services are offered both in the office (groups and 1-1) and through community outreach, which includes up to 90 hours of training for each participant.

Trained coaches teach skills that can be used in five areas of life which are: self, family, community, school/work, and leisure. We offer a cognitive behavioral approach to teaching skills that include assertiveness, decision making, problem solving, stress management and goal setting. In addition we facilitate employment readiness training to address oral communication, working with others, continuous learning, thinking skills and employment maintenance skills. 46 people received training though our social skills groups. This program is funded by Sault Ste. Marie District Social Services Administration Board

Options Navigator

JHS partnered in October 2014 with United Way to meet a need in our community to improve services/referral to those people living in the Gore Street area, toward employment, schooling and support services. The Options Navigator position works primarily out of the Neighborhood Resource Centre on Gore and includes 2 evenings/week, which was an informed need from community consultations. The Options Navigator reaches residents in the area through walkabouts and speaking to residents about their needs to enable them to gain further skills toward employment/schooling. There are significant barriers for many people who live in the area such as: addictions, mental health, housing, employment, etc. therefore many people require follow up after referrals are made. The Options Navigator therefore needs to develop trust with the neighborhood, while providing ongoing supports. The Options Navigator provided services to 58 people in its first 6 months of operation, to the end of March 2015. This program is funded by the United Way.

Paths to Greater Success

This program was developed as an expansion of our Options for Change Program to the unemployed, and reaches a wider community audience. We have been offering these essential skills to the unemployed for 30 years. We recognized the value of these skills for adults in the workplace as well as youth in school and began marketing the program to these audiences as individual workshops. Our success in helping others to understand themselves and others has proven that we need to continue our efforts in reaching community members, who can benefit from improved communication skills. The following workshops can be offered to a variety of target audiences based on their schedules.

Record Suspensions / Pardon

Having a criminal record negatively impacts people's ability to find employment and housing therefore all those who are eligible for a record suspension are encouraged to apply. JHS has been assisting people to complete the applications for the past 10 years on a fee for service basis. JHS streamlines the record suspension process and ensures that all of the conditions are met before the application is submitted.

Restorative Justice Practices

A partnership with Sault Ste. Marie Police Services, Algoma District School Board and

Huron Superior Catholic District School Board was developed. It was for a two year project implementing Restorative Practices, which has proven to be a valuable tool in reducing conflict across a diversity of groups and situations.

Restorative Justice Practices can have a positive effect in reducing the frequency and the severity of re-offending while reducing court costs, court processing time and improved service delivery. There are no limitations to the cases that can be referred (landlord/tenant, student/student, business/customer and neighbor/neighbor). Many victims and offenders participate in a restorative process, if given the opportunity.

Research has shown RJ results in high levels of support among victims and in communities for offender reparation. Both victims and offenders rate restorative processes as more fair and satisfying. Our success in our first two years resulted in hundreds of staff trained as trainers for facilitation of RJ in our community. Restorative Practices were implemented in schools, agencies and the community with a greater success than anticipated. Issues related to housing, workplace and in the classroom have been resolved using RJ. Several people in the community began using RJ practices, including volunteers which involved the use of; Triads, Restorative Conversations and Circles resulted in improved conflict resolution, than a traditional criminal justice system. This program is funded by the Ontario Trillium Foundation.

Simcoe Muskoka

Barrie Office 80 Bradford St., Unit 336 Barrie, ON (705) 733-0683 Orillia Office 17 Colborne St. E., Unit 109 Orillia, ON (705) 325-6561

Executive Director: Mr. Keith Kacsuta Website: http://johnhoward.on.ca/muskoka/ E-mail: kkacsuta@jhssm.ca

Adult Community Service Order Program

This program is offered on site at our Barrie and Orillia offices, 35 hours each week. This program is operated by JHS for the following Probation and Parole Offices: Barrie, Alliston, Collingwood, Orillia, Midland, Bracebridge, Gravenhurst, and Huntsville. It is open to men and women, ages 18 and up, on probation with a condition to complete Community Service Hours. The goal of the program is to provide a meaningful and appropriate placement opportunity for the participant so that s/he and the agency can benefit from the community service work completed. All participants complete an intake assessment prior to being placed. All services are provided on a one to one basis and all participants are mandated by the Ministry of Community Safety and Correctional Services, Probation and Parole Services. Funding for this program is provided by the Ministry of Community Safety and Correctional Services on an annual basis.

Institutional Services

These services are provided to inmates (and their family) who are in custody in the Central North Correctional Centre, Fenbrook Institution and Beavercreek Institution. Its goal is to assist individuals in their search for viable and sustainable post release and resettlement options. Services are offered by phone from the JHS' main office site and in the institutions listed above. Case Management services are provided by JHS staff via monthly visits to all three institutions. Follow up and correspondence is completed every Friday and much follow up work is done at the Barrie office. On Tuesdays, collect calls from inmates are accepted. Currently, these institutional services are available on a one on one basis only. All participation is voluntary. Funding for the program is provided by JHS Ontario.

Intermittent Community Work Program

This program, delivered in partnership with Operation Springboard, is offered at the JHS' main office site and is available to adult men serving intermittent sentences in the community. The goal is to keep individuals connected with their family and other positive supports, and to help them to remain employed while serving their sentence. It also allows the participant to be able to give back to their community. Case Management services are available and supervision is usually on the weekends (this may vary at times). A Case Manager is on call (14 hours over the weekend) and each client is required to complete a minimum of 11 hours of work within the placement (this is spread out

between Saturday and Sunday). Referrals (temporary absence passes) are received from Operation Springboard by fax. The JHS Case Manager then places the client and faxes completed Temporary Absence Passes (TAP's) back to Springboard. The client is approved for the program by the TAP Coordinator from Central North Correctional Centre. All work with program participants is provided on a one on one basis and all participation is mandated by Central North Correctional Centre, Ministry of Community Safety and Correctional Services. Funding for this program is provided on a sub-contract basis through Operation Springboard whose contract is reviewed annually.

Community Education

Since its inception in 1998, JHS has provided the community with an understanding of the work of the Society and its philosophy by sharing information in schools, at local community agencies, to citizen groups (e.g. service clubs), to the media, etc. This service is offered on an ad hoc basis and upon invitation from various groups. This is not a funded service.

Record Suspension / Pardon

Since having a criminal record negatively impacts people's ability to find employment, all those who are eligible for a record suspension/pardon are encouraged to apply. JHS has been assisting to complete these applications for the past 10 years and continues to do so on a fee for service basis, which is set at \$250 per applicant. (Ontario Works pays \$250 for their clients plus the additional cost such as application, fingerprinting etc.). JHS staff work on site to streamline the record suspension/pardon process and to ensure that all of the conditions are met before the application is submitted. In addition, this one on one service is provided in an effort to prevent the client from accessing this type of assistance from commercial enterprises that charge much higher and more prohibitive fees. Currently this service is offered to residents in Barrie, Alliston, Collingwood, Orillia, and Midland, Bracebridge, Gravenhurst, and all outlying areas in the Greater Simcoe and Muskoka regions.

Finding Employment with a Criminal Record (FECR)

This program is intended to assist adults who are having difficulty finding, obtaining and maintaining employment due to a criminal record. FECR will provide individuals with an opportunity to obtain the tools necessary to succeed in the workforce. The program is available to males and females 18 years of age and older. The program is offered 3 days a week for 4 weeks. Each session is 3 hours in length. Program topics include: Overcoming barriers to employment, discussing gaps in employment and finding work with a criminal record, positive communication in the work place, and emotion management and stress management. Guest speakers from employers, and other John Howard staff compliment the workshop. The facilitator also creates the opportunity to spend some of the group sessions in local employment resource centres. Currently, the program is offered in Barrie, Orillia, Collingwood, and Midland.

Reintegration Services

The Community Reintegration Worker is able to facilitate access to specialized community based programs and prevention services that facilitate healthy and positive reintegration in to the community. This is applicable for those individuals who are incarcerated and anticipating release, and vulnerable individuals in the community who are homeless, at risk of becoming homeless, and or who may require additional and unique community supports. After completing a brief assessment to determine ones' acuity, needs and establish goals, the worker can connect individuals to various resources including the agency's current programs and services. The program has established designated drop in days and times at the Barrie and Orillia office locations on Tuesdays and Wednesdays from 9:00 to 1:00PM. The worker has also partnered with various community agencies to deliver drop in services where the client need is the highest. The program addresses barriers that may include: access to housing, ID replacement, healthcare and doctor referrals, case management and counselling services, education and employment direction, and financial literacy, including access to Ontario Works and Disability Supports. The worker often starts the process providing assistance to those incarcerated, and in connection with the institutional worker develops discharge plans and community supports directly upon release. Currently, the service id offered in Barrie and Orillia, with expansion to Midland and outlying areas.

Sudbury

204 Pine St. Sudbury ON (705) 673-9576 Executive Director: Mr. John Rimore Website: johnhoward.on.ca/sudbury/ Email: office@johnhowardsudbury.com

Anger Management Program

The men's anger management programs is 12 sessions in length and offered on site at the JHS. The programs are open to anyone needing assistance to learn how to control their anger response. The main goal of the program is the prevention of violence. Fees for the program are based on a sliding scale and are in accordance with what one can afford. All participants complete an intake assessment and additional counselling is available for those who request it. Transportation assistance is available and light refreshments are sometimes available. Sessions run weekly and are three hours in length. Funding for the program is provided by the United Way of Sudbury and Nipissing Districts.

Direct Service

Since its inception in 1960, JHS has been offering this core service. It is open to individuals who are or who have been in conflict with the law. Support is also available to family members, friends and loved ones who have been impacted by their loved one's criminal justice system involvement. This program is offered on site at the JHS office (Monday to Friday, 9 am to 4:30 pm and some evenings) and provides support and counselling services. Each participant completes an intake assessment at their first meeting. All participation is voluntary and sometimes transportation assistance maybe available for those needing to conduct employment searches. Funding for the program is provided by the United Way of Sudbury and Nipissing Districts, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Institutional Visitation

Since its inception in 1960, JHS has been offering this service to men who are incarcerated at the Sudbury jail. JHS staff assist individuals in custody through the provision of one on one counselling and visitation, one to three times each week, whenever space at the facility allows for it. All participation is voluntary. Funding for this program is provided on an ongoing basis by the United Way of Sudbury and Nipissing Districts, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Pre-Release Planning

Since its inception in 1960, JHS has been offering this service to men who are incarcerated at the Sudbury jail. JHS staff provide individuals with assistance on a one on one basis to develop discharge plans for their release from custody. This service is offered one to three times each week, depending on the availability of space at the jail. All participation is voluntary. Funding for this program is provided on an ongoing basis by

the United Way of Sudbury and Nipissing Districts, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Community Service Order Program (CSO)

This program assists adult men and women who receive community service as a disposition from the courts to complete hours mandated by the court. The program operates at JHS' main office site for 16.5 hours per week. Each participant completes an intake assessment and services are provided on a one on one basis. Placement organizations are located in the City of Greater Sudbury and include non-profit agencies, individuals who are older adults or physically challenged, and charitable groups such as churches. The JHS coordinator works with and supervises the client to insure that s/he completes their hours in a placement that is suitable and provides the participant and the agency with a meaningful experience. Funding is provided by the Ministry of Community Safety and Correctional Services.

Library Service

In operation since 1995 and in response to the closure of most jail libraries across the province, this program, open to all inmates at the Sudbury jail, provides books and magazines to those who are in custody. This service is available during two evenings each week when books are distributed in a one on one format by JHS volunteers who take a cart filled with books to each range for the inmates to choose from. Funding for the program is provided by the United Way of Sudbury and Nipissing Districts, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Record Suspension / Pardon

Since having a criminal record negatively impacts people's ability to find employment, all those who are eligible for a record suspension/pardon are encouraged to apply. JHS has been assisting with the completion of these applications for the past 10 years and continues to do so. JHS staff work on site to streamline the record suspension/pardon process and to ensure that all of the conditions are met before the application is submitted. In addition, this one on one service is provided in an effort to prevent the client from accessing this type of assistance from commercial enterprises that charge much higher and more prohibitive fees. Funding for the program is provided by the United Way of Sudbury and Nipissing Districts, through Bingo fundraisers and financial donations from individuals, community businesses and private foundations.

Housing Supports

This program, part of the City of Greater Sudbury Housing First Strategy, operates daily (Monday to Friday, 9:00 am to 4:30 pm) and assists homeless adult men and sometimes their families to find and maintain permanent housing. Counselling and Case Management services are available on site at JHS' main office location as well as throughout the community via client accompaniment. All participants complete an intake assessment and are provided with one on one support. Connections to community

resources including food banks, shelters, clothing, bedding and the local rent bank are also made. In most cases, informal counselling is also provided. Limited support for transportation to emergency shelters maybe available, as is some food. Participation is voluntary. Funding is provided on an annual basis by the City of Greater Sudbury and the John Howard Society of Sudbury.

Community Presentations and Education

This service includes the provision of JHS speakers to elementary, secondary, and post-secondary schools, institutions, service clubs and church groups. Topics vary in accordance with the specific needs and interests of the audience.

Direct Accountability Program

The Crown Attorney will notify the accused on, or before, their first court appearance if they are considered eligible. The accused then meets with the Direct Accountability Coordinator who explains the details of the program and the sanction(s) assigned by the Crown and determines if the individual meets the requirements of the program.

Individuals can also ask their Counsel or Duty Counsel about their eligibility. Participants should ask for legal advice from Counsel about their rights, the benefits of the program and the legal implications of their participation in the program. To be considered for the program an individual must:

- Be willing to accept responsibility for actions that led to the charge;
- Be willing to make amends for their offence through an assigned task or "sanction";
- Complete an agreement, which outlines the terms of sanctions to be met.

The Direct Accountability Coordinator will meet with the individual to determine their ability and willingness to make reparation for the offence and their suitability and motivation to complete the assigned sanction(s). The Direct Accountability Coordinator will set a time limit for the completion of the agreed upon sanction(s). Funded by the Ministry of the Attorney General.

Domestic Violence program

This program is a joint partnership, led by the John Howard Society of Sudbury. The partners are the Sudbury Counselling Centre, Sudbury Women's Centre, Sudbury and Area Victim Services, Sudbury-Manitoulin Children's Aid Society and the Greater Sudbury Police Services. This service includes group and individual counselling for the perpetrators of domestic violence as well as ongoing follow up support for the adult victims of domestic violence. The perpetrators can enter the program at any stage of the criminal justice continuum. It is not a PAR [Partner Assault Response] program. Funding for the program is provided by the United Way of Sudbury and Nipissing Districts, the John Howard Society of Sudbury and associated partners.

Internet Child Exploitation Program

This program is a joint partnership, led by the John Howard Society of Sudbury. The partners are the Sudbury and Area Victim Services, Sudbury-Manitoulin Children's Aid Society, Health Sciences North and the Greater Sudbury Police Services. This service includes intensive individual counselling for the perpetrators of internet child pornography as well as ongoing follow up support for the child victims of domestic violence and their parents/caregivers. The perpetrators can enter the program at any stage of the criminal justice continuum except when they are in custodial facilities. Funding for the program is provided by the John Howard Society of Sudbury and financial donations from individuals.

Thunder Bay

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Bail Verification and Supervision Program

The Bail Verification and Supervision Program serves men and women aged 16 years or older who are accused of criminal offences and who are not deemed to be a threat to the community that qualify for bail, but do not have the finances or social ties to meet bail conditions. The Bail Program serves two principles upon which our democratic Justice system is based: the presumption of innocence before conviction and the fair equitable treatment of all people regardless of social and economic background.

The program aims to reduce the high numbers of people remanded into correctional facilities while awaiting trial. The services are delivered in partnership with local social service providers to address the non-criminal issues facing the accused such as addiction, mental and physical health, homelessness and unemployment.

The three major functions of the program are:

- 1. To identify the availability of a surety;
- 2. To provide verified neutral and factual information about an accused person at judicial interim release proceedings and to assist the court in selecting suitable candidates for bail and bail supervision;
- 3. To provide supervisory and referral services for people who are released from custody by the courts. An assessment is completed upon release. The result of the assessment is to help the client and the bail supervision counsellor in developing a case plan that can begin to address areas of concern that may have contributed to the alleged conduct.

Direct Accountability Program

The Direct Accountability Program is an alternative to prosecution for adults 18 years and older who have been charged with minor criminal offences. The program involves accused persons being held accountable through relevant and meaningful community based sanctions.

Community Service Order Program

The Community Service Order Program (CSO) is a community based sentencing alternative that allows individuals to make a positive contribution to the community by performing volunteer community work, at a non-profit organization.

Residential Rehabilitation Program

The JHS residence offers interim housing to nine women and 39 men in our rehabilitative treatment facility. These individuals are currently involved or at risk of becoming involved in the Criminal Justice System.

By providing a safe place to reside, individuals are confident that their basic needs will be met and they can focus on addressing the underlying factors that have put them at risk. We develop care plans for each residential client using evidence-based criminogenic risk assessment tools to ensure that each plan not only addresses problematic behavior, but builds on strengths the client already has, and that will protect them against future criminal involvement.

Areas we address in risk assessment and care plans include resident's criminal history and history of violence, strength of family relationships and social networks, ability to access financial and other resources, history of substance use, employment and vocational history, educational background, social and cognitive skills, and mental health status. Addressing these underlying factors through assessment and specialized programming helps to equip our residents to maintain housing, avoid (repeated) conflict with the law, build stronger relationships with their families and communities, and further their educational and vocational goals.

The JHS residence is also a Community Residential Facility for the Correctional Service of Canada. Currently there are eight rooms accessible to individuals on Federal Parole in Thunder Bay. Each client is responsible for attending regularly scheduled meetings with their case worker as part of their conditions of residence. Case managers monitor each client's progress toward the goals laid out in their care plan and collaborate with community service providers to make appropriate referrals on a case-by-case basis.

We offer the following programming as part of residential treatment:

- Anger Management
- Anti-Criminal Thinking
- Life skills programming, including:
 - o Stages of Change
 - o The Art and Science of Job Searching
 - o Budgeting and Practical Money Skills
 - o Understanding Nutrition
 - o Healthy Relationships
 - o Options for Academic Upgrading
 - o Goal Setting
 - o Harm Reduction
 - o Self-Care
 - o Active Living
 - o Coping Strategies
- Recreational Programming

Toronto

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Intake Services

This service was implemented to support individuals who are unable to make an appointment with a counsellor, as is the case for many service users who may be released from jail or court at a moment's notice or who may not have a phone. This service is accessible to adult men who have been in conflict with the law or are at risk of coming into conflict with the law. Many are isolated, homeless and without community supports.

On Wednesday mornings from 9:00 am to 12:30 pm at our Danforth office, new clients will be seen. Each new client completes a risk/need intake assessment (which can take approximately one hour), in order to identify their specific counselling requirements and to ensure that appropriate services can be provided and referrals can be made, both internally and externally. Tokens for public transportation are provided for clients to be able to reach destinations that they have been referred to as a result of assessment with a JHS staff member, or in order to meet immediate needs (i.e. shelter and food). Coffee and water is available and participation is voluntary. In addition, condoms, clean needles and safe crack kits are provided. Funding for this service is provided by the United Way.

Note: **Case Management** services are integrated into all programs at the agency. The practices are altered as needed, in relation to the client's personal needs and capacity.

Community Education/Public Speaking

This service is provided to the community as requested to provide education and information on the Criminal Justice system. This service assists to demystify the Justice System, debunk myths, educate the community on the facts about crime and its causes, to advocate on behalf of, and minimize fear associated with the JHS client group, and to provide information on the programs and services required to increase community safety. This service is provided in a variety of professional settings throughout the City of Toronto, including schools and businesses. This program is not specifically funded.

Residential Program Partnership with CAMH – Toronto Drug Treatment Court

This program provides safe and supportive housing for adult men who are involved in the Toronto Drug Treatment Court Program with the Centre for Addiction and Mental Health (CAMH). Residents have histories of chronic homelessness, incarceration and addiction. Traditionally, those who are homeless are less likely to succeed in the program. JHS leases one house close to their main office location on Eglinton Avenue West. Each residence accommodates four individuals and the treatment focus is harm reduction, based in behavioural modification.

The program is delivered in partnership with CAMH and both group therapy and individual counselling are provided by CAMH and JHST staff. Twenty four hours a day, seven days a week on-call support is available.

Residents must meet the expectations of the Toronto Drug Treatment Court. Should they commit a new criminal act or become violent while in the house, they will be asked to leave the program, and possibly face new charges. Intake assessments are completed for each participant by the JHST and CAMH staff. Bus tickets are provided and all participants are mandated by the Toronto Drug Treatment Court. Funding is provided by CAMH through the Ministry of Health and Long-Term Care.

Anger Management Substance Abuse Community Justice Program (ASAP)

Offered on-site at the JHS main office, this program serves men and women who have been referred by the courts for Community Justice Intervention (formerly diversion) after having engaged in behaviours which indicate a need for anger management and/or substance use counselling/education. This program will positively impact the participant, their family and friends. The goal of the program is to assist individuals to understand the effects that aggression and substance abuse can have on their lives. They learn positive coping mechanisms to deal with anger and stress which have previously led to heavy drug or alcohol use and aggression. Both group and one on one services (in some specialized cases only) are provided by this program. The participants, who complete an intake assessment, must attend all 2 of the group sessions (offered once per week for 2 hours). Bus tickets are available in some cases. All clients are mandated through the court's Community Justice Program.

Community Justice

This program is offered at two court sites: 1000 Finch Ave. (at Dufferin) and 2201 Finch Ave. (Arrow Rd.), and is open to all clients who have been determined to be eligible for "diversion" by the court. The goal is to allow participants to complete reasonable sanctions as an alternative to the regular court process. Some case management services are available through this program which operates daily at both locations, Monday through Friday, from 9:00 am until 4:30 pm. Bus tickets are made available in some circumstances and all participation is mandated by the court.

Institutional Services

This program operates in four local detention centres (the East Detention Centre, and Toronto South Detention Centre). JHS staff and volunteers provide individual pre-release planning and referrals based on individual treatment needs and goals. Group sessions are provided at the Toronto Jail on Drug Awareness and harm reduction education. All participation is voluntary. Funding for these services is provided by the United Way, the City of Toronto and the John Howard Society of Ontario.

Partner Assault Response Program (PAR)

This Domestic Violence program, offered at three sites (JHS T's main office, Scarborough Probation and Parole and the Jane/Finch Probation office), is open to adult men who have been charged with and/or convicted of domestic assault. They are either mandated to attend by the court, on early plea (bail) or probation, though a few attend voluntarily. The program impacts the participants as well as their families and partners who are provided with information and counselled on safety planning.

This program focuses specifically on partner abuse prevention and family network safety. Its overall goals include assisting participants to understand the harm of assaulting their partners. Participants learn how to communicate in a positive, non-abusive manner while acquiring skills to reduce the risk of violence. Fees for this program are based on a sliding scale and no one will be refused service if they are unable to pay.

Both case management and counselling are available through this program, which consists of 12 group sessions (and one initial intake/counselling session). Each group session is 2 hours in length within the open group format. Participants must attend 10 of the 12 group sessions and complete an intake assessment prior to beginning the group. Bus tickets are available in some cases. Funding for this program is provided by the Ministry of the Attorney General on a year to year basis and is anticipated to continue.

PAR – Domestic Violence Court & Probation Referrals

This service is provided to Probation and Domestic Violence Courts to process referrals for PAR Programs in Toronto. All referrals to the PAR program come through Probation or the Domestic Violence Courts. There are no self-referrals to the PAR program. This program is funded by the Ministry of the Attorney General.

CRP Program (Community Response Program)

This is an intensive case management program for men either in our Domestic Violence program or to provide supports prior to admission to our PAR program. It is enhanced case management support for Domestic Violence. Though most individuals are referred internally some are referred by Police as it is identified they require additional supports while waiting admission to a PAR program. This individual counselling service increases and individual's ability to succeed in our Domestic Violence program, thereby, reducing risk of harm to their partners. The counselling provided includes: housing; mental health supports; and crisis intervention.

Anger Management Professional Training

JHS-T is recognized for its history of delivering Anger Management Programs. Having been approached by local organizations such as the Centre for Addiction and Mental Health as well as various private companies in the community, this program was developed to meet the needs of professional agencies and corporations to deliver professional Anger Management training to their staff members. The program benefits the service users and enhances health and wellbeing within the workplaces that

participants represent. Fees for this program, offered at the main office location or at the organization/company requesting the training, are negotiable. Generally, the training is provided for large group audiences and the length of each session is determined by the expressed need of the agency or company. Refreshments are provided and participation is encouraged by the employer. The program is funded only by the fees that are charged for the training.

Anger Management Program

This program has been operating for approximately 20 years. It is offered on site at JHS' main office and at various community agencies upon request. It is open to adult men who have been charged with assault or who recognize their need for help with managing their anger by assisting them to learn how to express this emotion in a healthy, positive manner. Assertiveness training and stress management interventions are introduced throughout the program. Program fees are negotiable and based on a sliding scale. Both counselling and Case Management services are available through this program which is offered weekly in a closed group for 4 weeks. Each group is 2 hours in length. Participants must attend nine of the ten sessions in order to receive a certificate of completion. An assessment is completed with each participant prior to beginning the group. Bus tickets are provided in some cases and light refreshments are available. Participants are both mandated (usually referred by probation) and voluntary. There is no significant funding source available for this program other than the fees paid by participants in the groups. Funding for this program is provided in part by the United Way and supplemented by income generated from the Anger Management Professional Training sessions.

Record Suspension / Pardon Program

This program provides individuals with information and support to complete the record suspension/pardon application process. Staff will meet with individuals in a confidential setting to determine eligibility and steps to take to complete the process. Completing the application is essential to increasing equitable access to employment and other important services.

S.T.E.A.M (Strategies towards Employment Anger Management)

Individuals are referred through Ontario Works to this program. The objective of this program is to provide counselling support and information in order to ensure a positive work experience. Group sessions are delivered which focus on: conflict resolution skills; dealing with conflict with the workplace; assertiveness training; and skills required to ensure a positive relationship with employers, co-workers and their clients.

Finding Employment with a Criminal Record (FECR)

Individuals are referred through Ontario Works to this program. The objective of this program is to provide counselling support and information in order to ensure a positive work experience. The 12 group sessions focus on job seeking and preparation skills, challenges faced by having a criminal record and assistance in obtaining a record

suspension. Individuals also develop an individual work plan by working with our Job Developer.

Volunteer program

This program affords opportunities for students and interested community members to provide support, resources and additional services for JHS' clients participating in programs at the East Detention Centre, Toronto South Detention Centre and at the JHST offices across Toronto. Bus tickets are available for the volunteers. Funding for the program is provided by the United Way.

First Things First: Offender Housing Treatment Program

The John Howard Society of Toronto delivers this substance abuse program in a harm reduction model. It was also recognized that these individuals require a supportive housing model of intervention. This free program, offered at JHS' main location and to those in custody at the Toronto South Detention Centre, is open to adult men who are or who have been in conflict with the law, and who have been chronically homeless and are dealing with substance use issues. Participants are provided with assistance to obtain and maintain housing. Counselling is also available on harm reduction and relapse prevention. Landlord mediation and life skills training are also provided. Program partners include various shelters throughout the city upon request. A relapse prevention group is facilitated on a weekly basis for 2 hours at JHS' main office. This is an open group, which is voluntary. Participants do not have to be clients of the agency. It has been in operation for 12 years and is anticipated to continue. Funding is provided by the City of Toronto's Homeless Initiative Funding.

Native Inmate Liaison Program (NILO)

This program provides group and individual counselling to inmates who identify as Native at the East Detention Centre and Toronto South Detention Centre in order to enhance learning that is culturally specific and to assist with discharge planning. The program provides both counselling and Case Management services and operates for 28 hours/week in both group formats and on a one on one basis. All participation is voluntary. Funding is provided by the Ministry of Community Safety and Correctional Services.

Post Incarceration Housing Supports (PIS)

This program, part of the City's Streets to Homes Initiative, operates daily (Monday to Friday, 9:00 am to 4:30 pm) and assists homeless adult men who have left prison within the last 3 months to find and maintain permanent housing. Counselling and Case Management services are available on site at JHS' Danforth Housing office, at the East Detention Centre, and Toronto South Detention Centre, Kingston area prisons (quarterly), the Keele Centre, and at two local court houses (old City Hall and College Park), as well as throughout the community via client accompaniment. All participants complete an intake assessment and are provided with one on one support. Participation is voluntary. Funding is provided on a year-to-year basis by the City of Toronto.

Scarborough Office

JHST operates a satellite office at the community service hub at Kennedy and Ellesmere. Intake, counselling and case management services are offered out of this location. This office is funded by CAMH to deliver the Scarborough Substance Abuse Program.

Reintegration Centre

Based loosely on the United Way's Service Hub model, The South Etobicoke Reintegration Centre is a one-stop-shop collaboration comprised of service providers specializing in housing, mental health and legal services to address the reintegration needs of men released from the Toronto Intermittent Centre (opened December 2013) and the Toronto South Detention Centre (opened January 2014). These provincial facilities make up the largest jail in Canada and, at capacity, will house over 1920 men. Most of the inmates will be on remand; charged but not sentenced and waiting for trail. Since they do not have definitive release dates, the jail's discharge planners are often unable to effectively plan for their release. Therefore, it is essential that JHS-T and its partners are able to respond to these men as immediately upon their release as possible in order to help to increase community safety by reducing the likelihood of recidivism.

Crossroads Program

Walter Huculak House – known as the Crossroads Program – is a community residential facility for federally sentenced adult males on a supervised release from a federal institution. The paramount goal of this program is to increase public safety by assisting with the successful reintegration of these clients. Crossroads' staff works in collaboration with Correctional Services Canada (CSC) to effectively manage risk by addressing "need areas" that assist clients stabilize in the community and lead productive pro-social lives.

The following program areas are provided to all clients:

- Individual Counselling
- Graduated Leave System
- Employment/ Vocational/ Educational Programs
- Financial Program
- Leisure/Recreational/Social Programs
- Substance Abuse Programs
- Community Involvement Program

Crossroads Day Reporting Centre (CDRC)

The Correctional Service of Canada (CSC) and St. Leonard's Society of Toronto have a partnership through the development of the Crossroads Day Reporting Centre (CDRC). The CDRC represents a critical component in the continuum of care within the context of community based corrections consistent with objectives related to a safer community and enhanced offender reintegration.

The CDRC targets higher risk/need offenders in the community by delivering a program that is proactive and integrates evidence-based components resulting from up to date research in community corrections and offenders rehabilitation.

The primary objective of the CDRC is to work within the guideline of CSC, the National Parole Board, and its parole offices, while honoring the needs of the local community. We contribute to enhanced community safety and decreased victimization through the facilitation of the higher risk offender's successful reintegration. The CDRC can help meet the challenges of community supervision (i.e. parole) by accepting high risk offenders, utilizing the most updated evidence-based risk/need assessment instruments and developing and implementing an individualized case management plan that targets services and community resources to offenders' needs. Counseling is done one-to-one and the frequency of reporting as well as the types of needs addressed vary for each offender.

Waterloo-Wellington

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Community Aftercare

This program is offered at JHSWW Kitchener, Cambridge and Guelph offices. It provides assistance to people wishing to re-integrate into the community successfully. The aftercare program provides referrals to community resources such as social assistance, employment services, housing registries, food banks, mental health services and addiction treatment programs. The JHSWW Aftercare Coordinator provides one to one counselling, utilizing a cognitive-behavioural approach to alleviate criminogenic thinking and support clients with pro-social goals. Participation is voluntary. Funding is provided by local United Ways. The Program also includes assistant with records suspensions and US Waivers for a fee.

Partner Assault Response (PAR) / Healthy Relationships

This program is provided at the JHSWW Kitchener office only for Kitchener-Waterloo and the townships of Wellesley, Wilmot and Woolwich. It is geared towards helping individuals who have been abusive in their intimate partner relationships recognize the impact of abuse and grow in skills to prevent abuse and maintain healthy relationships. Both men's and women's groups are provided and both cover similar themes. Partner contact is provided for all of the groups. Programs are 12 sessions in length with continuous intake and groups running concurrently. Funding for this program is provided by the Ontario Ministry of the Attorney General, Victim Services Division for court mandated clients (PAR) and the Kitchener-Waterloo United Way for other referrals (Healthy Relationships).

Partners for Healthy Relationships

Based on models designed in Saskatchewan and West Virginia, this program is open to couples who have experienced domestic violence in their relationship and who are committed to remaining together. The men must have previously participated in a PAR domestic violence program (see above). Most participants have Family and Children's Services involvement. The goal of this group program is to assist couples in becoming more supportive of one another through better communication and improved understanding of each other's perspectives. The program entails 12 sessions. The intake/assessment interviews and group sessions are co-facilitated by a staff person from Family and Children's Services and by a staff person from JHSWW. Assistance with

transportation and child care is available when needed. Participation is voluntary. Funding is provided by The Ministry of Community and Social Services.

Caring Dads

This program is open to fathers, most of which have been involved with Family and Children's Services. It provides an opportunity for them to gain the tools to heal and build relationships with their children with a child-centred focus. Delivered in Kitchener and Cambridge, Caring Dads is offered in partnership with Family and Children's Services and provides group and individual counselling pursuant to the certification standards of the Caring Dads Program (caringdads.org). Each participant completes an intake assessment to determine their suitability for the group. All participation is voluntary. Funding is provided by the Ministry of Children and Youth Services.

Back on Track

This fee for service program is overseen by the Ministry of Transportation and is managed throughout the province by the Centre for Addiction and Mental Health (CAMH) in Toronto. CAMH contracts with local service providers, such as JHSWW, to provide assessment, programming and follow-up for people who have lost their license due to an impaired driving offence. The program focuses on attitudinal and behavioural change with the goal of eliminating drinking and driving together. It has two streams: one is a 16 hour treatment group, and the other is an 8 hour educational group. The treatment group is offered once a month in Kitchener and the educational group is provided monthly in both Kitchener and Guelph.

Participants undergo an assessment interview to determine which group they will attend. In addition to the assessment interview and the group intervention, clients are also required to participate in a follow-up telephone interview that is conducted six months following the group session. Participation in the program is entirely voluntary and is not related to any criminal procedures. Criminal charges are dealt with through the court process and have separate consequences. However, completion of the program is a compulsory condition for reinstatement of one's driver's license through the Ministry of Transportation. This program is funded by user fees.

Direct Accountability Program

This program allows adults charged with minor criminal offences in Provincial Court an opportunity to repair harm and address root causes of their crime. Upon successful completion, the charges are withdrawn. Unsuccessful cases go through the normal court process. This program clears court time by diverting those charges with minor offences and by reducing the number of court appearances. All referrals must be approved by the Crown Attorney.

Participants meet with the JHSWW Coordinator to establish a plan of action that will allow the person to be accountable for their actions without appearing before a judge. Examples of suitable plans might be to make a donation to a charity, complete volunteer

service hours or attend counselling, treatment or a workshop to gain skills and information that will reduce the likelihood of the person engaging in the behaviour again. Workshops JHSWW provides for the Direct Accountability program are: Substance Use Awareness (Kitchener), Anger Management (Kitchener), Anger & Substance Awareness (Guelph), and Stop Shop Theft (Guelph). Funding is provided by the Ministry of the Attorney General.

Adult Diversion, Waterloo Region – Federal Court and Pre-Charge Referrals

This program allows adults who have been referred by policy (pre-charge) or charged with minor criminal offences in Federal Court an opportunity to repair harm and address root causes of their crime. Participants meet with the JHSWW Coordinator to establish a plan of action that will allow the person to be accountable for their actions and find prosocial ways to meet their needs.

Community Service Order Program

As a probation order or as a conditional sentence, judges may order individuals to perform a specified number of hours of volunteer work in the community, at charitable organizations. JHSWW oversees the completion of these community work orders by setting up work placements, providing support to participating community agencies, and by verifying that the work order has been completed satisfactorily. JHSWW provides this program in both Kitchener and Cambridge. Funding is provided by the Ministry of Community Safety and Correctional Services.

Windsor-Essex County

275 Oak St. Windsor, ON (519) 252-3461 Executive Director: Ms. Bella Brewer Website: <u>johnhoward.on.ca/windsor-essex/</u> Email: info@jhswindsor.org

ICPM (Integrated Correctional Program Model)

This is a Correctional Service Canada program that serves to provide an opportunity to practice coping, relapse prevention and self-management skills. Basically, it is a booster program to all of the programs offered in the institution.

The Windsor Essex Bail Verification and Supervision Program

Developed and implemented by the Ministry of the Attorney General, this program has been in operation since 2007 and serves men and women over the age of 16 who are in custody and awaiting a bail review, who do not have a surety. Those having no more than 3 "fail to comply" convictions in the last 2 years may be eligible. As an alternative to incarceration for those awaiting a court disposition, the program provides community supervision to those who are unable to find a surety. Taking place at JHS' main office, the Chatham St. location, and the Windsor Court of Justice, the program is delivered in partnership and with the cooperation of the Justice of the Peace and the Crown Attorney's office. It offers a series of one on one sessions consisting of both Case Management and counselling components. The program also includes a series of mandatory 5 to 10 minute weekly sign-in supervision sessions which continue until the charges are dealt with. Mandatory reporting maybe required, depending on the conditions of the client's bail which may be imposed by JHS' Bail Program or by the Courts. All participation is mandatory. Funding for this program is provided by the Ministry of the Attorney General.

"Taking Charge": Women's Self-Management Program

This program, offered on site at JHS' main office, has been in operation since 1990 and is tailored to women ages 18 and up. Through a series of ten, one on one/or group counselling workshops (one hour each), it deals with subjects such as self-esteem, codependency, healthy/abusive relationships, stress management, family violence, drugs and alcohol, parenting skills, personal finance, community resources, and community integration. The program is based on behaviour modification and awareness, and helps to educate women in the areas of life skills and coping mechanisms. Voluntary self-referrals are always welcome, though many clients are referred and may be mandated by other agencies such as the Children's Aid Society, probation, or the Courts. This program is fee for service.

"New Leaf": Adult Men's Anger Management Program

For almost 20 years, this free group program, operating at JHS' main office, is open to men who are ages 18 years of age and older. It deals with the concerns and consequences of anger. The ten session (90 minutes each) program has been developed to allow participants to understand and to deal with their anger problems. The program

is based on behaviour modification and awareness, and helps the men to understand anger as an emotion, develop an awareness of negative and non-productive anger management styles, and to learn productive and positive anger management techniques. In order to complete the program, participants (who may be either voluntary or mandated), must complete an intake assessment and all 10 sessions (making up any ones that have been missed). Fee for service.

Community Integration

Staff will provide clients with counselling and a range of support and referral services upon their release from provincial and federal institutions.

John School Diversion Program

This group program is open to men who have been charged with solicitation of sex and who have not previously been convicted. Operating as a court diversion program and offered as an alternative measure based upon education, behaviour modification and ultimately crime reduction, its focus is on increasing knowledge, assessing choices and taking responsibility for one's actions. John School takes place during one eight hour session, from 8:30 am to 4:30 pm on a Saturday. Participants will learn about the law and the consequences of a criminal record, sexual health risks and their consequences, as well as the impact of their behaviour on others within community with an emphasis on families. The goal of the program is to decrease recidivism and to enhance community safety, increase knowledge, and create positive shifts in attitudes and/or behaviours.

There is a \$500 fee to participate in the program which is offered at City Hall Square, in partnership with the Windsor Police Service and the office of the Crown Attorney. Successful program completion results in participants having the charges withdrawn by the Court. The program is sustained by user fees and will continue as long as there is a demand for it.

York Region

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Direct Accountability Program

The John Howard Society Direct Accountability Program is an alternative to prosecution for adults 18 years and older who have been charged with minor criminal offences. The program involves accused persons being held accountable through relevant and meaningful community based sanctions. Eligibility for the program is determined by the Crown Attorney's office. Sanctions available through the Direct Accountability Program include restitution, a letter of apology, volunteer work, a charitable donation, attending a program or presentation or entering into a Peace Bond. Program options are currently provided by the Family Services of York Region and include a Shoplifting Prevention Program, Anger Management and Alcohol and Drug Education Workshops. By successfully completing the sanction imposed, individuals can be held accountable for their behaviour and have the charge(s) withdrawn by the courts. Participation in the program is voluntary. Individuals who are not accepted into the program or who do not successfully complete the program will be returned to the formal court process. This program is funded by the Ministry of the Attorney General.

Federal Diversion Program

John Howard Society of York Region operates the Federal Diversion Program in York Region. This is a fee for service initiative whereby selected individuals with federal charges are provided with an opportunity to be diverted from the traditional court process while still being held accountable for the offence. Sanctions may include community service hours or programming as deemed appropriate by the Crown Attorney.

To qualify for the program, an individual must be at least 18 years of age on the date of the offence and be charged within the schedule of offences acceptable for the Federal Adult Diversion Program. Eligibility for the program is determined by the Federal Crown Attorney.

The Reintegration Support Services Program

This Program aims to increase the capacity of individuals and families to work towards building economic independence through the provision of supports to accessing employment, job and life skills, housing and food security. The goal of this program is to accelerate the integration of clients in the community and lower the rates of recidivism. Through this program, John Howard Society of York Region also aims to improve the capacity of unemployed and at-risk individuals through community referrals, guidance, counselling, life skills and case management support. This program also provides support to individuals who are applying for a record suspension. This program is available at no cost, and is supported through the United Way of York Region.

The Partner Assault Response Program

A 12-session Domestic Violence Court initiative that delivers a specialized community-based group intervention program to individuals who have committed a criminal offence against a current or former intimate partner. The program has two primary goals: (1) to enhance safety; and (2) to increase offender accountability.

Eligibility for the program is determined by the Crown Attorney and/or Probation office. The program is delivered through a psycho-education model where participants are given the opportunity to examine their beliefs and attitudes towards domestic abuse and to learn non-abusive ways of resolving conflict. Information and support are also provided to the victims of these crimes.

R.E.A.C.H.

The REACH Program aims to support low to moderate income men who have had involvement with the criminal justice system to reconnect with their peers, community and family in a healthy way. The program provides weekly drop-in group based sessions, support, and referrals to individuals so that they may feel included, valued, and positively engaged. It is our hope that through this program, people will begin to engage in healthier relationships with their loved ones – working towards a healthier population.

Through this program, John Howard Society of York Region also aims to establish a sense of belonging for residents of York Region and by extension, strengthen the overall fabric of the community. This is a voluntary program and is available at no cost. The REACH Program is supported through the Regional Municipality of York Community Investment Strategy.

Anger Management Program

The John Howard Society of York Region Anger Management Program is comprised of eight (8) educational and therapeutic sessions. The program utilizes techniques based on the principles of Cognitive Behavioural Therapy (CBT) and aims to support each participant's unique goals. Overall, the objective is to increase an individual's capacity to understand and manage his anger.

The program is currently available for men only. However, referrals are provided to external organizations for women seeking to attend similar programming.