

FEE FOR SERVICE

# INTIMATE PARTNER VIOLENCE PROGRAM

*This course is for individuals who are over 18*

IPV is an eight (8) session program offered in a small group setting. The program has been developed utilizing Restorative Practice principles and The Duluth Model to assist individuals who have been involved in incidents of intimate partner violence.

## IPV Sessions Include:

- ✔ Defining domestic violence and understanding anger
- ✔ Understanding power and control, cycle of abuse, and intergenerational trauma
- ✔ How beliefs and attitudes influence behaviour
- ✔ Understanding the ABC's of violence
- ✔ The effect of abuse on children, partner, self & family
- ✔ The impacts of substance use/abuse
- ✔ Building healthy relationships & respectful communication
- ✔ Effective conflict resolution skills



## WHO CAN REFER?

- ✔ **Court**
- ✔ **Lawyers**
- ✔ **Community Partners**
- ✔ **Self Referral**

*Subsidized fees are available; eligibility based on Statistics Canada low income cut-offs*

## TO SIGN UP OR FOR MORE INFO - CONTACT US

 365-323-1441

 [johnhoward.on.ca/hamilton/](http://johnhoward.on.ca/hamilton/)