



*Youth Programs & Services  
Inventory by Local Office*

June 2016

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## **Belleville & District**

19 – 21 Wallbridge Crescent  
Belleville, ON  
(613) 968-6628

Executive Director: Ms. Debbie Woods  
Website: <http://johnhoward.on.ca/belleville/>  
E-mail: [dwoods@johnhowardbelleville.ca](mailto:dwoods@johnhowardbelleville.ca)

### **Support for Youth Program**

A community based intervention program for youth 12 to 17. Referrals can be made by police officers, lawyers, the courts, schools, community agencies, and family members. The goal of the program is to provide supports to the family and youth to reduce the risk of youth entering the criminal justice system. Case management is provided to assist in dealing with the issues the young person and family is facing. Crisis counseling is provided by phone or in personal meetings. Funded by private donations.

### **Anger Management**

In this six-week program participants gain a better understanding of their anger, learn effective ways to deal with conflicts and develop positive thinking, effective communication and problem solving skills. The purpose of this program is to examine what anger is, healthy versus unhealthy anger, as well as the different styles of anger and how they pertain to the students in the class. Further, this program examines how anger affects us, where anger comes from, considers new, healthier reactions to feelings of anger, develop effective communication techniques, and ways in which one can resolve confrontations successfully. Funded by private donations.

### **Drug and Alcohol Awareness Program**

This three-session program provides individual intervention for both drug and alcohol issues for high school students under suspension for problems in these areas. The first session involves an initial risk assessment on the background of the student as well as on the action, which brought the student under suspension. The second session focuses on the consequences related to the usage of drugs. Further, the last session highlights the psychological and physiological impact of certain drugs, as well as the effects of alcohol use. Homework is assigned to students as an additional component of the program. Funded by private donations.

### **Anti-Theft Program**

The purpose of this three-session program is to determine what shoplifting is, why people steal, and how theft can be prevented. Additionally, the consequences of shoplifting will be reviewed. Further the group will brainstorm who is affected by theft/shoplifting. Handouts regarding case studies and police statistics on theft will be presented. The group will learn decision making skills and how to counter peer pressure. Funded by private donations.

### **Quantum Program**

Quantum is a life changing experience for youth at risk that will enhance their development over four years (grades 9 – 12).

Quantum provides education, development, and service activities, coupled with a sustained relationship with a peer group and a caring adult, over the four years of high school for small groups of teens. The goal of the program is to help at risk youth (includes drug/alcohol use, behaviour challenges, poverty, conflict with the law) to graduate from high school and attend college. The program provides services at community Hubs, case management and wrap around care. The program is funded Community Foundations Canada, Poverty Reductions Strategy, Foundations, private donations and community agencies.

#### **Youth in Transition Worker Program**

The program has been developed for youth who are leaving the care of the Children’s Aid Society. The YIT Worker encourages, supports and coaches the individual within their process of transitioning to adulthood. It is all about moving forward positively toward adulthood. Dream it, Want it, Do it. The program operates under a coaching model.

#### **The Connection Point**

A program providing qualified instructors offering quality programs. JHSBD provides low or no cost programming for youth on site and in the community. Programs are run after school and during the evening and are aimed to provide interesting and pro social ways to address current youth interests. Programs include a boxing club, Cocoon Art Centre, and a music program that provides youth with modern equipment to enhance and develop music skills (based on availability). Instructor positions enable youth and young adults to run a program with support, assistance, and a centrally located venue.

#### **Counselling**

Short-term solution focused counselling and court assistance is available to youth and adults.

## Durham

Main Office	Ajax Office	Clarington Office	Whitby Office
75 Richmond St. W.	136 Commercial Ave.	132 Church St.	#200 - 114 Dundas St. E.
Oshawa, ON	Ajax, ON	Clarington, ON	Whitby, ON
(905) 579-8482	(905) 427-8165	(905) 623-6814	(905) 666- 8847

Executive Director: Ms. Dianna Eastwood  
Website: <http://johnhoward.on.ca/durham/>  
Email: [jhsdurham@jhds.ca](mailto:jhsdurham@jhds.ca)

### **Extrajudicial Measures Program**

The Extrajudicial Measures Program is designed for youth aged 12-17. Clients attend either four-session anti-theft or anger awareness groups or one-on-one counselling sessions as an alternative to the formal court process. Referrals are made by Durham Regional Police. Funding is provided by the Ministry of Children and Youth Services – Youth Justice.

### **Anger Management**

Anger Management is a 10-week, 2.5 hour (per session) group program that assists individuals to identify triggers and develop effective coping skills allowing for individuals to resolve conflict in a positive way. Anger Management is a skill to be developed and the group process allows individuals to experience new approaches to resolve their anger effectively. Separate groups are run for youth and adults. Funding is provided by United Way Durham Region.

### **Counselling Services**

Continuous intake is provided for individual support counselling in the areas of stress, conflict, communication, parenting, substance use, relationships, grief and loss. Services are available at all of our office locations in Durham, accessible by an initial phone call to schedule an intake appointment. Funding is provided by United Way Durham Region.

### **Community Alternative for School Suspension**

Part of a Safe Schools initiative to provide programming for suspended and expelled students in Clarington to effectively utilize their time to participate in academics, community involvement and life skills development. School Boards provide teaching staff to ensure academic progress while programming staff deliver life skills workshops and community involvement initiatives that help to address some of the barriers to promote a successful return to school. Funding is provided by the Ministry of Children and Youth Services.

### **Firehouse Youth Centre**

The Firehouse Youth Centre is a drop in Program in Clarington for youth aged 14-18 years of age. Programming staff provide a variety of supervised recreational/pro-social activities. Youth are given leadership opportunities through involvement in the

community, fundraising initiatives and more. The Centre is funded by the Municipality of Clarington and the United Way of Durham Region.

### **Youth in Transition**

The Youth In Transition Program assists youth aged 15-20 who are currently Crown Wards or require continued community support for youth of Durham Children's Aid Society to transition successfully from care to independent living in the community by way of assisting with a variety of community resources for employment, housing, education and counselling.

### **Project X-Change**

Our Project X-Change program is the lead agency in Durham for providing syringe exchange in office, through mobile outreach, as well as partner agencies in the community. The program provides confidential access to harm reduction supplies such as clean syringes, inhalation kits, condoms and other basic materials one may require in order to stay safe, prevent infection and spread of blood-borne infections. A Naloxone Program is targeted for September 2017. Funding is provided by the Region of Durham Health Department.

### **Residential Program**

Structured and supportive residential services for youth age 15 to 24 (Oshawa and Whitby locations). Participants benefit from learning about budgeting, time management, menu planning, job keeping, food preparation, communication skills, goal setting, problem solving, decision making and more. Each participant has an individualized action plan and counselling support. Funding is provided by the Ministry of Children and Youth Services and the Region of Durham Housing Services.

### **Youth Specific Employment Services**

Free services to youth in the Whitby and Oshawa locations include:

#### ***Employment Resource Centre***

Resource and Information services are open to the community at large regardless of employment status.

- A current Job Board with various employment opportunities
- Computers Access with Hi-speed Internet and Wi-Fi
- Fax, Printer and Photocopier Services
- Telephone Service
- Access to Current Labour Market Information
- Virtual Job Board

#### ***Job Search Supports and Career Building Technique Workshops***

- One to One support from an Employment Advisors
- Resume and Cover Letter Development Workshops

## JHSO – Youth Programs & Services Inventory by Local Office

- Interview Practice and Preparation Workshop
- Job Search Techniques and Methods Workshops
- Second Career Orientation
- Apprenticeship Orientation
- Skills Upgrading
- Asbestos Abatement Program/Rideau Social Enterprises
- Training Services can include: Smart Serve, W.H.M.I.S On-line Training and Worker Health and Safety Awareness Training
- Personality Dimensions and National Safe Food Handling
- Free non-credit Adult Upgrading with individualized learning plans

### ***On-site Employer Advisors***

Provide guidance and assistance with:

- Job Training and Retention Services
- Job Coaching
- Mentoring
- Training and volunteer-based opportunities
- Follow-up

### ***Job Matching & Placement Services***

- Access to the Hidden Job Market
- Job Trials, Placements and Supports
- Training supports and employer incentives

### ***Youth Job Connection***

The year round component serves youth aged 15 to 29 who are not in employment, education, or training by providing intensive support beyond traditional job search and placement opportunities to enhance job readiness and success. The program components include: paid pre-employment training to promote job-readiness, job matching and paid job placements, with placement supports for participants, hiring incentives for employers, mentorship services and education and work transitions supports

### ***Youth Job Connection: Summer***

The program provides summer job opportunities and part-time job placements during the school year to help school students, aged 15 to 18, make positive educational and career choices. Youth aged 15 to 18 are eligible to participate in the program if they are high school students or, in the case of summer placements, intend to return to high school or access post-secondary education after their placement. Participants must also be Ontario residents and eligible to work in Canada.

*Youth Job Link*

The program offers a range of non-intensive employment services for young people to gain career management skills, get exposure to career exploration activities, and get help finding employment, including full-time, summer and part-time employment. Youth must be between 15 and 29 years old, in school or not; who could benefit from some extra help to plan their careers and transition to the labour market. Services include:

- Career Exploration
- Career Management
- Job Search Assistance, Job Matching and Placements
- Workplace Readiness and Job Safety Information
- Job Readiness Workshops, delivered online, one to one or in group settings
- Computer and Hi-speed Internet Access and Wi-Fi
- Fax and Photocopying Services
- Access to Unadvertised Job Postings

Funding for youth employment programs is provided by the Ministry of Advanced Education and Skills Development.



## Hamilton, Burlington & Area

654 Barton St. E.  
Hamilton, ON  
(905) 522-4446

Executive Director: Ms. Donna De Jong  
Website: <http://johnhoward.on.ca/hamilton/>  
Email: [reception@jhshamilton.on.ca](mailto:reception@jhshamilton.on.ca)

### **Aggression Management Program**

The Aggression Management Program is a cognitive skills based program for youth 12 to 17 years who have interpersonal problems as a result of their aggressive behaviour. The program consists of eight ninety minute sessions designed to help youth identify their personal aggression patterns, explore alternatives and develop a plan of action to improve how the young person responds to stressful situations. The program is divided into the five components of Anger, Communication, Triggers, Choice Points and Problem Solving. Note: This program is open to internal referrals only through the Extrajudicial Measures and Sanctions programs.

### **Choices: Cognitive Skills for Youth at Risk**

Choices is an interactive eight session program designed for both males and females 12 to 17 years of age. Choices is offered on a weekly basis, both on and off site, and each session is ninety minutes long. The goal of the program is to provide youth with practical skills that will assist them in making better choices at home, school and with their peers. This program is open to community referrals. Funded by the Ministry of Children and Youth Services.

### **Crime Prevention Program**

This program is a short term intervention designed to create greater awareness in participants of the costs of criminal behaviour to their community, as well as, their responsibility to change their own actions to create positive change. The program teaches the young person how to constructively respond to problem situations through the use of various exercises focusing on self-control, conflict, responsibility, stealing, the law, decision making and leisure time. This program serves youth between the ages of 12 to 17 years. Note: This program is open to internal referrals only through the Extrajudicial Measures and Sanctions programs.

### **Extrajudicial Measures Program**

In partnership with Hamilton Police Services, youth are diverted from the formal youth justice process while holding them accountable for their actions in a community context. We work with each young person to design a program of measures that addresses their risks and needs as well as the needs of the person(s) harmed and the community. The outcome of each case is reported back to Hamilton Police Services. This program serves youth 12 to 17 years of age. Funded by the Ministry of Children and Youth Services.

### **Extrajudicial Sanctions Program**

In partnership with the Hamilton Crown Attorney's Office and Hamilton Youth Probation Services, we assist youth through a diversion program as an alternative to the formal

court process. We contract with the young person and provide them with sanctions (tasks) to complete as a means of holding them accountable for their actions while helping them recognize the impact of their behaviour on the person(s) harmed and their community. The youth's strengths and needs are targeted to create an individual program with the intention of benefits to both the youth and their community. Funded by the Ministry of Children and Youth Services.

### **Hamilton Youth Drug Diversion Program (HYDDP)**

The Hamilton Youth Drug Diversion Program was initiated by Hamilton Police Services to address the needs of school-aged youth (12 to 17 years old) who are arrested for drug offences. Rather than send youth to court for their drug related misdemeanors, the police wanted an alternative that would assess the youth's individual needs, but still hold them accountable for their actions.

Youth are referred to the program by a police officer. They are instructed to contact the John Howard Society to arrange a meeting with a youth worker. The youth is scheduled for a screening with a counselor from Alternatives for Youth and the John Howard Society to determine the youth's substance use level, their motivation to change and any other significant strengths and risks of the youth. The results of these assessments determine the most appropriate intervention, or combination of interventions for the young person. There are three options: 1. Education Day: Suitable for a youth who is a casual drug user; 2. Five Session Group: Suitable for a youth who is a moderate drug user; 3. Individual Counseling: Suitable for a youth who may be struggling with addiction. Every youth and a parent/support person is required to attend the Education Day as a part of their program of measures/sanctions.

The HYDDP is a collaborative, comprised of the following agencies: Hamilton Police Services, The John Howard Society of Hamilton, Burlington and Area, Alternatives for Youth, Good Shepherd Youth Services, and City of Hamilton, Culture and Recreation Services. The Newalta Corporation has generously provided partial funding and staffing to this program through their Community Investment Program. Note: This program is open to internal referrals only through the Extrajudicial Measures and Sanctions programs.

### **Team Up to Clean Up Program**

This program is run in partnership with The City of Hamilton, Public Works Department and the Hamilton Police Service, Crime Prevention Unit. The program was established as a community service alternative for youth to participate in graffiti removal, litter clean-up and other community beautification activities with the goal of engaging youth in restoring the community by repairing harm done, as well as serve as a meaningful way for youth to take responsibility for graffiti and mischief related offences. This program is open to internal referrals only through the Extrajudicial Measures, Extrajudicial Sanctions, and Community Service Order Program.

### **Family Support Program**

The Family Support Program is designed to provide support, information, early intervention and referral to other services for parents with youth ages 12 to 17 who are experiencing parenting challenges or parent/child conflicts. Service is strength based, family centered and offered in individual or group formats. The goal is to assist families to find positive solutions to conflicts and concerns by identifying and using family strengths, creating greater understanding between parents and youth and providing a skills building process for parents of youth.

Although the topics of the group sessions are participant directed some of the sessions available include: providing effective boundaries, communication strategies, problem solving, negotiation and conflict resolution. The program is delivered on site and off site throughout Hamilton, Burlington and Area and is open to community referrals. Funded by the United Way of Burlington & Greater Hamilton.

### **Youth Justice Committee**

The Youth Justice Committee involves trained community members who meet with victims, young people 12 to 17 years of age accused of minor, non-violent offences, and their parents, to negotiate an appropriate way for the young person to make amends for his or her actions. The Committee may develop and implement alternatives to formal court proceedings, either on referral by police or the Crown. Examples of alternate interventions include community service, restitution and counselling programs. All young people must agree to accept responsibility for their actions, and to apologize to the victim. Funded by the Ministry of the Attorney General.

### **Non-Residential Attendance Centre (NRAC)**

The JHS of Hamilton Burlington & Area provides a highly structured intensive community based alternative to custody for youth (ages 12 to 17) who have come in contact with the law. Youth engage in effective cognitive programming based on prevention, rehabilitation and reintegration. The program provides individualized support for youth to assist them in achieving their program goals, motivate and facilitate change and supports them in becoming positive members of the Hamilton Community. Funded by the Ministry of Children and Youth Services.

### **Gang Prevention Resource Guide**

The John Howard Society of Hamilton, Burlington, & Area has been provided funds in January 2011 from the Federal Justice: Youth Justice Fund – Guns, Gangs, and Drugs Component to develop a Gang Prevention Resource Guide for young people that are currently engaged in the Youth Justice System. The guide will provide prevention and intervention resources aimed at the young people, their parents or guardians, and youth service providers in efforts to prevent and/or stop gang involvement. Funded by the Department of Justice Canada.

### **Restorative Justice Project**

The project is a collaborative partnership between the John Howard Society of Hamilton, Burlington & Area, Hamilton Police Services, Hamilton Wentworth District School Board, Hamilton Wentworth Catholic District School Board and the City of Hamilton. The project is funded by the Trillium Foundation.

This project is an innovative and creative restorative justice program targeted to youth who are at risk of being expelled from school. The restorative justice approach focuses on the restoration of relationships, being accountable for behaviour and identifying community support and involvement. This project trains representatives from the partnering agencies to become “train the trainers” in the restorative justice model.

### **HWDSB Cognitive Programming Initiative**

A youth worker from the John Howard Society is assigned to the Hamilton Wentworth District School Board to provide the following functions in the suspension/expulsion program:

- Support the work of staff and management, including teachers, teaching assistants, social workers, and in charge principal;
- Liaise and collaborate with other community agencies regarding the delivery of cognitive behavioural programs;
- Provide cognitive skill development facilitation and individual work;
- Provide direct behavioural interventions as required;
- Provide nine hours of direct service hours a week in the classroom.

This program is fee for service.

### **Hamilton Wentworth District School Board Youth Worker Contract for the Grade 12 and 12+ initiative and the Urban Priorities Initiative**

The John Howard Society Hamilton Burlington and Area provides Youth Worker contracted services to these initiatives to support students who are at risk of not completing grade 12 or who have returned to school to complete grade 12. The services supports training and facilitation of Restorative Justice to further explore goal development, social and emotional skills and cognitive skill development with the aim of providing support for these students to reach success and graduate Grade 12. This program is fee for service.

### **YARD (Youth at Risk Development) Hamilton**

YARD is a voluntary, community based gang reduction program that supports youth who are in a gang or at risk of gang involvement and would like support while making positive changes.

***Individual Counselling Services***

Youth workers of YARD will provide individual counselling services to participants in the program including:

- Employment training
- Life skills programming
- Creating pro-social relationships
- Free recreational activities
- Educational support
- Addiction and mental health support
- Housing assistance
- Child care support

***Recreational Activities***

Participants will have the opportunity to participate in recreational activities that develop life skills through team building exercises including:

- Rock Climbing
- Bowling
- Cooking
- Basketball
- Soccer
- Football
- Boxing

***Programming***

Youth workers meet with participants and determine if they belong in the prevention or intervention program. Participants attend workshops on topics such as conflict resolution, communication, problem solving, drug awareness, and goal setting. Staff can also assist with re-entry into the community from custody.

***Mentor/Mentee***

Youth meet with a trained volunteer who will assist with goal setting and community involvement.

## Kawartha Lakes & Haliburton

31 Peel St.  
Lindsay, ON  
(705) 328-0472

Executive Director: Ms. Laura Maw  
Website: <http://johnhoward.on.ca/kawartha/>  
Email: [nfo@jhscklh.on.ca](mailto:nfo@jhscklh.on.ca)

### **Attendance Centre**

An alternative sentencing option under the Youth Criminal Justice Act. Youth on an active Probation Order are referred to the Centre to receive Psycho-Educational, Cognitive-Behavioural and Reality Therapy based programming and counseling. This program is intended for moderate to high risk youth in conflict with the law who require intervention in multiple criminogenic need areas. Program goals include reducing recidivism, promoting accountability, and encouraging skill development through evidence-based interventions. Youths attend individually from 1 to 3 hours per week based on risks and needs. Youths also have the option of participating in workshops presented by community partners, as well as healthy leisure and recreation activities. Crisis management and family programming are also available to support youth and their families during their enrollment which is approximately 6 months in duration. Funded through the Ministry of Children and Youth Services.

### **Extrajudicial Measures**

The Extrajudicial Measures Program is a mandated alternative to traditional court proceedings through a Police Diversion or the Youth Justice Committee for young people who have committed minor offences. In response to their offences, young people are assigned meaningful consequences through projects or work in the community. The goal is to assist youth through a pre-charge diversion program while holding them accountable for their actions.

### **Extrajudicial Sanctions**

The Extrajudicial Sanctions Program is the most formal non-court response, ordered by the Court. Extrajudicial Sanctions are intended for young offenders who have committed more serious offences and are a diversion through the Crown Attorney or the Youth Justice Committee. A charge is stayed for one year while the young offender demonstrates accountability for their offence through a diversion program as an alternative to the formal court process.

### **Reintegration**

The Reintegration Services Program is a voluntary program aimed at youth who are returning to the community following a period of detention. This collaborative initiative involves the Youth Intervention Centre and Youth Probation Services as well as the Custody / Detention Facilities. The goal is to enhance and extend support to youth involved with Youth Justice Services to connect with supports to improve their outcomes in the community.

### **Strategies Option Solutions (S.O.S.)**

This program serves youth aged 12 to 24 and was developed for young people who are not involved with the justice system but are presenting at higher risk and beginning to make poor choices. The focus of SOS is preventative education and encompasses the following topics: Conflict Resolution; Self Control and Emotional Self-Regulation; Distorted Thinking and Beliefs; Stress Management; Anti-Theft, Healthy Relationships; Substance Education. SOS provides programming to self-referred youth as well as those referred from schools, parents, or other community based agencies. SOS also serves those youth who are referred by the justice system through both extrajudicial measures and extrajudicial sanctions. Programs are offered in small group settings and/or in individual sessions. Parents may also be included in some sessions. Group workshops run weekly for 5 weeks. Youth can take each one of the sessions or have a program tailored to their own needs. Funded through the Ministry of Children and Youth Services and United Way of Kawartha Lakes & Haliburton.

### **Towards a Healthy Future**

A life skills and education-based cooking program for youth aged 8-15 that are experiencing the effects of poverty. The program curriculum aims to teach and support children and youth at their own level, striving to increase individual knowledge and ongoing life skills for proper food handling, meal preparation, healthy eating and more.

### **Youth in Transition Worker**

The Youth-In-Transition Worker Program provides a variety of supports to youth aged 16-24 as they leave the care of CAS and transition into adult services. Youth-In-Transition Workers work with youth to connect them with educational, employment, housing, life skills, health and mental health, legal services, and other supports in their communities, and support them to navigate the transition from care to adulthood.

## Kingston & District

771 ½ Montreal St.  
Kingston ON  
(613) 542-7373

Executive Director: Mr. Tyler Fainstat  
Website: <http://johnhoward.on.ca/kingston/>  
Email: [ed@johnhowardkingston.ca](mailto:ed@johnhowardkingston.ca)

### **Employment Services (ES) and Employment Resource Centre**

This program offers a wide range of voluntary no fee services designed to help youth and adults find and keep jobs. The program provides:

- Individual employment counselling
- Assistance with resume and cover letter writing
- Aid in addressing pre-employment barriers
- Interview instruction and practice
- Referrals to job training and education
- Employer referrals
- Helping people develop and commit to an employment action plan
- Specialized blue collar job search strategies
- Career counselling
- No fee access to computers with internet and job search sites
- Access to newspapers, fax and photocopiers

This program is funded by Employment Ontario.

### **Community Services**

Our intake/outreach program responds to the pre-release planning and post-release needs of ex-prisoners as they re-enter the community after a period of imprisonment. This program seeks to address the impact of poverty, isolation and criminalization. The Kingston area houses eight federal institutions and one provincial detention centre. However, we offer assistance to anyone being released from any institution to the Kingston area, from any part of Canada and abroad.

Support offered includes, but is not limited to:

- Reintegration counseling
- Practical support
- Referrals
- Assistance with Ontario works and access to emergency shelters
- Meal programs
- Food banks
- Clothing
- Bedding
- Furniture and other sundry items of daily living



### **Institutional Services (IS)**

We provide support and assistance to individuals who are imprisoned in the eight federal penitentiaries throughout the Kingston area, as well as Quinte Detention Center in Napanee.

We work with incarcerated individuals to plan for their eventual release and to develop support networks which will help them once they are released from prison. Successful reintegration planning and preparedness is key to reducing risk factors of reoffending and contributing to community safety for all.

This assistance includes, but is not limited to:

- Pre-Release Planning Group to provide resources necessary for successful reintegration for individuals soon to be released into community
- Phone Services to provide information and resources to individuals incarcerated and to families affected by incarceration
- Liaison between prisoners and their families to aid in communication
- Information on a variety of topics, such as the policies and procedures of the Correctional Services of Canada and the National Parole Board

Funding for these programs is provided by The John Howard Society of Ontario and our local fundraising activities.

### **Residential Services**

Our housing program features fifteen bachelor units designed to provide accommodation and support to recently released men. Our primary objective is to provide residents with a stable, structured, and supervised independent living environment as they reintegrate back into the community.

By creating a supportive living environment, we will provide individuals a chance at successful reintegration, an opportunity to work on education and employment objectives, and access to services within a safe and supportive environment.

Residents will have access to:

- Residential support plans
- Housing support and advocacy
- Information and referrals
- Community resources
- Education and employment referrals
- Assistance with housing searches

Additional supports will be provided through community partnerships. All prospective residents must go through an application and interview process before being accepted to reside at the house. Funding for the Residential Services Program is provided by CSC.

**Kingston Bail Program**

The Bail Verification and Supervision program supervises individuals, 16 years and older, in the community who have been charged with a criminal offence, but do not have the social ties or finances to meet bail conditions.

## London & District

601 Queens Ave.  
London ON  
(519) 438-4168

Executive Director: Ms. Taghrid Hussain  
Website: <http://johnhoward.on.ca/london/>  
Email: [jhslondon@execulink.com](mailto:jhslondon@execulink.com)

### **Individual, Couple, Family, and Group Counselling**

Counselling is provided to offenders, persons who are at risk of offending and their respective families. Referrals are accepted from all sources. Social workers meet with clients to assess risk and needs and to develop an intervention plan which is responsive to the needs and risks presented. Advocacy with, and referrals to, community agencies are undertaken as needed. In addition to ongoing counselling services, the Society offers a crisis intervention service whereby clients are seen for brief service usually the same day. The Society's worker act as a responsible adult for the youth. This program is funded by the United Way of London and Middlesex. There are no service fees.

### **Boullee Huron Kipps Lane program**

The Society offers counselling, advocacy and referrals to other agencies for children, youth, and families who reside in three subsidized housing projects. The communities house immigrants, many of whom are poor and vulnerable. In working with teens, the Society identified high risk behaviours and develops an effective intervention plan to ensure that youth are able to complete school successfully and graduate to an apprenticeship, college, university or employment. This program is funded by the United Way of London and Middlesex.

### **Children's Groups**

The John Howard Society of London and District offers a group for girls and a group for boys in the Huron subsidized housing project. Through weekly group involvement, the children explore other cultures, racism, bullying, healthy relationships, family violence and safety planning. Activities include cooking, art and crafts, sports, games, science experiments and drama. The Society's staff and volunteers are positive role models for the children and educate them about healthy communication and relationship skills. The children's groups are funded by the United Way of London and District.

### **Native Services**

The Society supervises probation orders for Aboriginal youth residing in London, Woodstock, St. Thomas, and the three reserves, Muncee Delaware Nation, Chippewas of the Thames Nation and Oneida Nation of the Thames. The Native services workers incorporate traditional Aboriginal approaches in their work with youth. The workers also complete pre-sentence reports and assist youth in completing community service orders. This program is funded by the Ministry of Children and Youth Services.

### **County Outreach program**

The John Howard Society offers counselling to youth and their families residing in North West Middlesex County. Social workers attend secondary schools and receive referrals of

high risk youth from educators, parents, probation officers, police, the Children’s Aid Society and other social agencies. In addressing high risk behaviours presented by youth, the social workers offer counselling in the context of the school, peers, family and community. Parents are offered counselling when appropriate. This program is funded by the United Way of London and Middlesex.

**Teen Groups**

A teen group is offered in the Boullee and Huron communities to assist teens with employment, skills development, volunteering and leadership skills. This program is funded by the Westminster College Foundation.

**Intake and Crisis Intervention**

The Society provides an intake and crisis intervention service operating Monday through Friday. Referrals are accepted from any source and clients are usually seen the same day. Following a brief assessment and response to the immediate crisis, a referral to an agency worker or community resource is offered. Funding for this program is provided by the United Way of London and Middlesex.

## Niagara

210 King St.  
St. Catharines, ON  
(905) 682-2657

Executive Director: Mr. Jay Gemmell  
Website: [www.jhs-niagara.ca](http://www.jhs-niagara.ca)  
Email: [jobgym@jhs-niagara.ca](mailto:jobgym@jhs-niagara.ca)

### **Project R.E.W.I.N.D. (Restore, Events, With, Integrity, Negotiation & Dignity)**

Through the facilitation of Mediation Conferences, the Project R.E.W.I.N.D. program is one innovative way in which we at the John Howard Society of Niagara are meeting the needs of youth in our community. Any form of harming behaviour not only disrupts the educational process for those directly involved, but also affects the atmosphere within the schools and surrounding communities. As a committed group, the Niagara Regional Police, the District School Board of Niagara, Niagara Catholic District School Board, Conseil Scolaire de district catholique, Conseil scolaire Viamonde and the John Howard Society of Niagara are working hard to maintain a safe, caring school community, where every youth can feel the safety and security that is necessary to learn and grow. Funding is provided by Ontario Trillium Foundation.

### **Non-Residential Attendance Centre Program (NRAC)**

The non-residential Attendance Centre Program focuses on the rehabilitation of youth between the ages of 12 to 17, and their reintegration back into the community. The J John Howard Society of Niagara intends to empower the youth enrolled in the program to become positive contributors to the Niagara Region. The program operates in St. Catharines, Welland and Fort Erie and has been designed to be portable. The main goal of the program is to provide effective, youth focused programming on prevention, rehabilitation, and reintegration. The programs available include: Cognitive Skills, Anger Management, Life Skills, Anti-Criminogenic Thinking, Substance Abuse, Girls Group, Victim Awareness, Guys Group, Female Bullying, Literacy and Tutoring, Employment. Funded by the Ministry of Children and Youth Services.

### **R.I.S.E. (Reducing Incidences of Suspension and Expulsions)**

The program provides educational structure and supervision to you that are suspended or expelled from District School Board of Niagara schools, ensuring that they have the opportunity to continue their education. Students suspended for six or more days are eligible to enter the R.I.S.E. program which includes continuing to receive homework packages and the completion of an Action Plan to ensure success. This program is funded by the District School Board of Niagara.

### **Changes**

Changes focuses on students enrolled in Bridge Classrooms, Section 23 classes and high risk students in regular Elementary and Secondary classes across Niagara. Changes program delivers financial support for programs to assist you with learning disabilities and/or behaviour problems that will help them develop self-confidence, social skills and more effective problem solving/decision making skills necessary for them to be successful in school and society at large.

### **Strengthening Families for the Future**

This is a prevention program for families with children of all ages who may be at risk for substance misuse, depression, violence, delinquency and school failure. Strengthening Families is effective because it involves the whole family.

### **Recipe for Success/Wendy's**

This is a paid Employability Skills program through Work Placement for individuals between the ages of 15 - 30, no attending school, and not collecting employment insurance and are having a difficult time securing employment for various reasons. The program runs for 16 weeks. Youth will have 3 weeks of in class pre-employment sessions and 13 weeks in job placements at Wendy's restaurants across the Niagara Region. During the final 13 weeks, the youth will return for one daily workshop which will focus on life skills to support them beyond the end of the program.

### **Youth Job Link**

Youth Job link (YJL) is designed to help youth, including students, aged 15 to 29, who do not face significant barriers to employment but could benefit from some extra help to plan their careers and transition to the labour market. YJL has been integrated into the Resource and Information component of the Employment Service, but features expanded, youth-focused offerings including career exploration and career management workshops as well as job search, readiness and matching assistance. While these services will be offered year-round, the majority of youth are expected to use them to help find summer employment.

### **Summer (YJCS)**

This is the second component of the new Youth Job Connection (YJC) program, which launched in October, 2015 to provide youth experiencing multiple and/or complex barriers to employment with more intensive employment supports beyond traditional job search and placement opportunities. YJCS provides summer, part-time and after-school job opportunities for high school students, aged 15 to 18, who are facing challenging life circumstances and may need support transitioning between school and work. YJCS complements the year-round component of YJC, which is aimed at youth aged 15 to 29 who are not in employment, education or training and are experiencing multiple barriers to employment.

### **The Canada-Ontario Job Grant**

The objective of the grant is to support workforce development and encourage greater employer involvement in training through cost-sharing arrangements to train individuals. Through employer-led skills training, the grant also provides individuals with the skills necessary to maintain employment and advance in their careers.

**Ontario Works - Kitchen Prep**

This four week program provides individuals receiving Ontario Works knowledge to work in the restaurant industry including 1 week of paid job shadowing. Participants are provided with several provincially recognized certification including Food Safety, Smart Serve, Service Excellence, and Worker health and Safety Awareness. This also includes training on jobs searching employer expectations and job maintenance.

**Employment Ontario- Employment Services - Welland/Fort Erie**

Our highly trained and skilled staff offers valuable assistance to those looking to expand their skills or wanting to improve their employment prospects. We offer seminars, skill building workshops, training, and certification opportunities.

**Community Based Youth Justice Section 23 (CBYJ)**

Grade 6-8 students who have demonstrated emerging behaviours in the classroom and/or community that require Youth Justice involvement. Students demonstrate one of the following: Severe behaviour resulting in school exclusion, history of severe childhood trauma, single to multiple learning challenges and single to multiple mental health challenges with the trauma.

**Volunteer Probation Court Intake Program**

Situated in the courthouse in St. Catharines, this program provides an intake, information, referral and scheduling service for the Youth Probation office in St. Catharines. The Volunteer Court Intake Worker meets with the client directly after sentencing and completes an intake with the client, including processing the court acknowledgement document and setting up a next reporting date with their probation officer. Clients are directly linked to their probation officer through this service and provided with clear reporting instructions. This program alleviates the drop in traffic to the probation office and facilitates a seamless delivery of service for the offender directly after court.

## Ottawa

Main Office  
550 Old St. Patrick St.  
Ottawa, ON  
(613) 789-7418

Non-Residential Attendance Centre  
282 Montreal Rd.  
Ottawa, ON  
(613) 842-0999

Executive Director: Mr. Don Wadel  
Website: <http://johnhoward.on.ca/ottawa/>  
Email: [jhsottawa@ottawa.johnhoward.ca](mailto:jhsottawa@ottawa.johnhoward.ca)

### **Non-Residential Attendance Centre**

The Non-Residential Attendance Centre (NRAC) is a non-custodial sentencing option as identified in the Youth Criminal Justice Act, and part of a continued plan from the Youth Justice Division of the Ministry of Children and Youth Services to decrease reliance on custody, and further intensive community-based interventions.

The goal of this program is to reduce offending behaviour by targeting specific risks demonstrated by youth through intensive counselling and programming. This program is intended for moderate- to high-risk youth who require intervention in multiple criminogenic need areas.

Youth Justice Probation Officers are the sole referral source to NRAC. They refer youth to NRAC under a general counselling condition or a specific court-ordered NRAC condition. Youth involved with NRAC are assigned a counsellor for individual work and attend group programming that targets the factors placing them at greatest risk to re-offend.

### **CHOICES School-Based Prevention Program**

This project is in partnership with the Ottawa Catholic School Board, and is funded in part from our community partners: Community Foundation of Ottawa and Catholic Education Foundation of Ottawa. This program began as a two-year pilot project, funded through Crime Prevention Ottawa. Due to the program's continued success, Choices has expanded into our fifth year of implementation and now services two inner city Ottawa schools.

Recognizing the importance of education in supporting a young person away from potential involvement in the justice system, this program takes place on school property. Programming for both males and females at the junior and senior levels of high school supports their learning and development in three distinct areas: attitudes, values and beliefs; peers and relationships; and social skills.

### **Diversion Programming**

This programming is provided in partnership with the Ottawa Community Youth Diversion Program, operated through the Boys and Girls Club of Ottawa. Gender-specific groups and individual counselling focusing on peer influences and healthy relationships, and the



role of thoughts and thinking in risky and criminal behaviour, support youth ages 12 to 17 in being accountable for actions that have brought them to the attention of police and the courts.

### **Saint John Bosco Achievement Centre**

The Saint John Bosco Achievement Centre (JBAC) is a program provided in partnership with the Ottawa Catholic School Board and youturn youth support services. Our shared vision is to provide a unique and specialized educational program to justice-involved youth that matches their needs and complexities.

The goal of this program is to reduce youths' risk of ongoing and future involvement in the justice system by supporting their educational achievement and, subsequently, their vocational interests and success; and increasing their participation in positive and structured activities. These are two areas in which these youth have typically experienced significant struggles.

The program staffing model, supported financially through the Ottawa Catholic School Board and the Ministry of Children and Youth Services, includes one full-time teacher and one full-time youth counsellor. JBAC is affiliated with Immaculata High School.

### **Gang Prevention/Intervention Program (GPIP)**

The Gang Prevention/Intervention Program (GPIP) is a partnership between the John Howard Society (JHS) of Ottawa and youturn Youth Support Services to address both the male and female pathways to involvement in gang-related crime through the provision of evidenced-based and gender responsive supports and services. By combining local data with research-based criminogenic risk factors linked to youth gang involvement, GPIP works to target youth (aged 12-20) in the City of Ottawa, Russell County and the City of Rockland.

### Prevention Services

Prevention services are available to youth and families through the John Howard Society. This program includes the provision of evidence based, gender-specific group and individual counselling delivered by trained facilitators. Support for youth involved in prevention services could include a focus on healthy relationships, structured free time, the role of thoughts and thinking in risky behaviour, as well as increasing the connection to education and employment.

Our partner agency, youturn, provides Collaborative Problem Solving Parent Group Therapy, an 8 week program supporting parents in improving the parent/child relationship and decreasing challenging behaviour. Through the provision of targeted parental support, sustainable changes within the family lead to a reduction of future criminal involvement of the children in the family home.

### Intervention

Based on the successful CST model of service, this program provides community based counselling to youth who are involved in or vulnerable to gangs. Holistic support for families is provided through individualized counselling, increasing access to education, training and employment opportunities, supporting healthy relationships, assistance with substance abuse and/or mental health issues, and support for parents and family members to enhance their abilities and skills to be an active participant in preventing their children from further involvement in criminal activity. Referrals for intervention programs can be made via youturn's website at <http://www.youturn.ca/supporting-families/>

### **Time for Change**

Time for Change (T4C) is an initiative dedicated to male and female young adults, adults and their families who are impacted by gang involvement.

T4C Supports & Services:

- Education & Training: marketable skills
- Employment: job-readiness & placements
- Safety & Stability: security of self & income to meet individual/ family needs
- Housing: stability & satisfaction
- Counselling & Health Services: access, options, sensitivity
- Family Reunification: resources for relationships
- Community Engagement: cultural, spiritual, & religious support
- Mentorship: access to knowledge, situations, or networks

This project operates in partnership with Ottawa Community Immigrant Services Organization (OCISO), youturn youth support services, and is funded by the City of Ottawa in partnership with Crime Prevention Ottawa (CPO).

### **Residential Services**

#### ***A Different Street Supportive Housing Program***

A Different Street (ADS) Supportive Housing provides affordable accommodation and support to homeless or unstably housed young men, ages 16 to 24, who are justice-involved or at risk of being so. The John Howard Society of Ottawa and youturn youth support services are partners in this program.

ADS provides male youth an opportunity to access safe accommodations and utilize on-site supports to assist with their life goals. Through these on-site supports, youth are assisted in actively addressing their specific personal, social, vocational, and health-related needs. As well, they are supported in developing the resources, including skills and attitudes, necessary for a successful transition to adulthood.

Individuals who live at ADS will have the responsibility of rent. All units at ADS are self-contained bachelor units.

Services provided:

- Comprehensive assessment
- Collaborative case planning
- Individual counselling and support
- Practical assistance
- Monitoring of court conditions
- Referral to other community resources.

***Windrose Supportive Housing Program***

Windrose (WR) Supportive Housing provides affordable accommodation and support to homeless or unstably housed young woman (and their children), ages 16 to 24, who are justice-involved or at risk of being so.

WR provides young women an opportunity to access safe accommodations and utilize on-site supports to assist with their life goals. Through these on-site supports, young women are assisted in actively addressing their specific personal, social, vocational, and health-related needs. As well, they are supported in developing the resources, including skills and attitudes, necessary for a successful transition to adulthood. Young women who live at WR will have the responsibility of rent. All units at WR are one-bedroom units.

Services provided:

- Comprehensive assessment
- Supports and services from a gender-informed perspective to meet demonstrated needs in four major life areas: career, family, community and self
- Collaborative case planning
- Individual counselling and support
- Practical assistance
- Monitor and support of court conditions (if relevant)
- Referral and support to other community resources

**Employment Services**

***Community Employment Resource Centre***

The Community Employment Resource Centre, through the Employment Service program, assists individuals to access training, and prepare for, find and maintain employment, as well as providing assistance to employers to find and hire qualified employees. The Resource room offers a welcoming environment for individuals providing information, resources and 11 computers available for public use.

Services provided:

- The Employment Service offers a range of services, tailored to meet individual needs, including: Information and Resource Services, employment planning and preparation, and job search and placement support.

## JHSO – Youth Programs & Services Inventory by Local Office

### Services for Job Seekers:

- Individual employment counselling
- Access to subsidized placement
- Career interest assessments
- Interview preparation and job search support
- Résumé development
- Workshops
- Job Fairs
- Summer jobs for students (April to end of August).

### Available resources include:

- Job postings
- State of the art computers with high speed Internet access
- Fax machines and printers
- Telephones
- Business directories, newspapers and journals
- Training opportunities and labour market information
- Apprenticeship, education and career information
- Information on a wide variety of community resources.

### Employer services:

- Pre-screening and referring candidates for hire
- Posting job openings
- Providing training subsidies for eligible new hires
- Hosting Hiring and Job Fairs
- Subsidies for hiring summer students.

### ***Hire Power Employment Services-Satellite service of CERC***

Assists individuals who have been in conflict with the law, or at risk of becoming involved in the criminal justice system, to prepare for, obtain and maintain meaningful employment.

### Program objectives/goal:

- Secure meaningful employment;
- Develop employment skills;
- Improve employability;
- Achieve healthy life-work balance.

### Target population:

- Underemployed and unemployed;
- Have been in conflict with the law or at risk of becoming justice involved.

## JHSO – Youth Programs & Services Inventory by Local Office

### Services provided:

- Employment coaching;
- Job development and placement;
- Job retention support;
- Professional resumes and cover letters;
- Career assessments;
- Screening and Recruiting for employers.

This Employment Ontario program is funded by the Government of Ontario and in part by the Government of Canada.

## Peel-Halton-Dufferin

Brampton Office	Mississauga Office	Orangeville Office	Milton Office
134 Main St. N.	130 Dundas St. E., Suite 300	295A Broadway	193 Main St. E.
Brampton, ON	Mississauga, ON	Orangeville, ON	Milton, ON
(905) 459-0111	(905) 275-9117	(519) 940-3061	(905) 864-1306

Executive Director: Mr. Darren Pennock

Website: <http://johnhoward.on.ca/peel-halton-dufferin/>

Email: [brampton@johnhowardphd.ca](mailto:brampton@johnhowardphd.ca)

### **Community Services**

The Community Services program is voluntary and open to both male and female youth, who are in crisis and facing on-going challenges with housing, poverty, addiction, mental health, criminal justice, relationships or self-management.

The program's goal is to provide counselling, support, advocacy and referrals to assist clients in achieving their identified personal goals. There is no wait list and clients are encouraged to make and keep appointments but may be seen on a first come, first served basis. Services are available Monday to Friday from 9:00 a.m. to 4:00 p.m. All individuals seeking services are provided with a confidential interview whether by scheduled appointment or by "walking-in." Collect phone calls from Institutions are accepted but not for the purposes of third party calls. The Program is delivered out of locations in Brampton, Mississauga, Milton, and Orangeville. Voice Mail service, needle exchange and flu shot clinics are also available at the Peel locations.

Community Services for all locations provides transportation assistance, housing help, life skills programming, and access to computers, phones, and fax machines. Funding for this program in Peel is provided by the United Way Peel, which is renewed annually. Halton also receives partial Funding from the Milton United Way. In addition, in both Halton and Dufferin, funding has been received from local community initiatives and other Government sources (both provincial and federal). Other Community Service program services are funded by the local United Way.

### **RESOLVE: Program for Anger Management and Emotional Regulation**

This cognitive-behavioural training program is designed to reduce anger, violence and emotional loss of control among youth, 13 to 24 years of age. The goal of the program is to provide youth with information about anger and other emotions and to teach them the skills necessary to reduce the frequency, intensity and duration of anger episodes. Facilitators will use psycho-educational instruction, role plays, discussions video and audiotapes, practical exercises, and homework exercises/assignments to convey new knowledge and skills to participants. This program is funded by United Way.

### **Halton Youth Justice Committee**

The Halton Youth Justice Committee involves victims and communities in finding ways to help young people who have committed minor offences by accountable for their actions.

A Youth Justice Committee meeting brings together a young person between the ages of 12 and 17 who is alleged to have committed a low-risk offence, his or her parent(s) or guardian(s), the victim, and trained members of the community. Together, they negotiate an appropriate way (sanctions) for the young person to make amends for his or her actions. Typically, sanctions include an apology, community service hours, an essay or research assignment, and attendance at workshops, such as shoplifting prevention or anger management. This program is funded by the Ministry of the Attorney General.

### **Halton Youth Attendance Centre**

The Attendance Centre is a non-residential program to assist male youth in conflict with the law to accept responsibility for their actions while helping them to become positive, pro-social contributing members of their community. Youth participate in programs appropriate to their assessed needs, such as anger and emotions management, anti-violence, life skills, addictions, peer relationships and employment readiness. Opportunities to participate in pro-social recreational activities are also available. Programs may also include contact with families and community resources to support the youth. Youth who do not participate as required may be returned to youth court for further action. Funding for the Halton Youth Attendance Centre is provided by the Ministry of Children and Youth Services and operates out of locations in Milton and Oakville. Youth are eligible for a referral to the Attendance Centre if on an active youth Probation Order or as a requirement of the EJM conditions.

## Peterborough

305 Stewart St.  
Peterborough, ON  
(705) 743-8331

Executive Director: Ms. Kathy Neill  
Website: <http://johnhoward.on.ca/peterborough/>  
Email: [jhsptbo@jhsptbo.com](mailto:jhsptbo@jhsptbo.com)

### **Youth Court Support**

Staff attends court on a weekly basis in order to assist both the young person and their family in a variety of ways. These include: accessing Duty Counsel, understanding the court schedule and legal process, accessing a defense lawyer, informing on the changes in legislation (YCJA), program information about the services of the JHS and other community resources. Funding for this program is provided by the Ontario Ministry of Children and Youth Services, Youth Justice Branch.

### **Extrajudicial Measures**

Measures are imposed on a young person (12 to 17 years old) as a pre-charge with the hope of addressing their issues before they have a criminal record. We work closely with officers from the Peterborough Lakefield Community Police Services and the Peterborough County OPP. The young person must take responsibility for their actions which may include: Theft under \$5000, mischief, possession of narcotics, shoplifting, and minor assault. The young person is referred to the agency by a police officer, who then meets with one of our youth workers to determine the outcome. Outcomes may include: counseling, attending a workshop (shoplifting, Anger Management), a letter of apology, or other work (project/presentation) related to the crime. We also refer to other agencies as necessary. Funded by the Ministry of Children and Youth Services, Youth Justice Branch.

### **Extrajudicial Sanctions**

Sanctions are imposed on a young person as a post-charge diversion. Referrals are made by the Crown Attorney. The process is similar to Extra Judicial Measures (above) or, when appropriate, referred to the Youth Justice Committee/Restorative Justice Program. Funded by Ministry of Children and Youth Services, Youth Justice Branch.

### **Youth Justice Committee/Restorative Justice Program**

The Youth Justice Committee is a group of trained volunteer facilitators who facilitate restoratively based meetings between youth who have been referred and their victims. Restorative Justice is a way of viewing wrongdoing that puts the emphasis on repairing harm caused by conflict and crime using a collaborative and inclusive approach. It involves the participation of victims, the person who inflicted the harm and the community affected in finding solutions that seek to repair harm and promote harmony. Funding for this program is provided by the Ontario Ministry of Attorney General.

### **School Suspension Program**

Providing services to students from the Kawartha Pine Ridge District School Board (Peterborough County only) who have been suspended for more than 20 days. JHS staff



supports the non-academic component only. Funding for this program is provided by the Kawartha Pine Ridge District School Board.

**Aspire**

Aspire is a new Mentoring Program in partnership with Employment Planning and Counselling Peterborough (EPC) and the Trent Valley Literacy Association (TVLA). Utilizing volunteer mentors *Aspire* aims to work with young adults (16 – 25 yrs.) with a focus on supporting them in the workforce, training or educational attainment. Volunteers may provide support and mentoring individually or facilitate a small group session about their own career and a “day in the life.”

**School Based Mediation and Restorative Practices:**

A new program with local secondary schools to support youth to develop mediation and restorative practices within the school environment. Youth are trained in mediation and restorative practices in order to develop and/or improve on their leadership, communication and problem solving skills. Healthy communication leads to healthy relationships and skills developed are transferable to improve relationships within families, friendships and workplaces.

## Sarnia Lambton

300 Christina St. N.  
Sarnia, ON  
(519) 336-1020

Executive Director: Ms. Christine LeDrew  
Website: <http://johnhoward.on.ca/sarnia-lambton/>  
Email: [clodrew@johnhowardsarnia.com](mailto:clodrew@johnhowardsarnia.com)

### **Attendance Centre Program**

The Non-Residential Attendance Centre Program is an alternative to custody servicing medium to high risk youth in the Sarnia Lambton Community. The program operates on literature-principles based of cognitive intervention, the development of positive relationships, and engagement of youth.

In brief, the program accepts all referrals emanating from the Youth Court and Probation Services. Clients are mentored one on one and receive programming tailored to their individual needs. Programming is varied and addresses numerous relevant topics including, but not limited to, anger management, positive communication skills, relationships, peers, general social development, addictions and substance abuse, etc. The curriculum also includes Aboriginal-specific programming dealing with cultural and other issues of significance to First Nations youth. Professionally developed materials and resources are used as the basis for programming, as are ones that are developed in-house. Parent participation, involvement and interest are strongly encouraged. Funding is provided by the Ministry of Children and Youth Services – Youth Justice Services.

### **Extrajudicial Sanctions Program**

The Extrajudicial Sanctions Program is a post-charge diversion from the formal court process. This is an opportunity for youth to be accountable for their actions while recognizing the impact of their actions on their community. Clients referred to this program are provided with brief, offence-specific cognitive interventions. Funding is provided by the Ministry of Children and Youth Services – Youth Justice Services.

## **Sault Ste. Marie & District**

27 King St.  
Sault Ste. Marie, ON  
(705) 759-1703

Executive Director: Ms. Suzanne Lajambe  
Website: <http://johnhoward.on.ca/sault-ste-marie/>  
Email: [slajambe@jhsossm.ca](mailto:slajambe@jhsossm.ca)

### **Bail Verification and Supervision Program**

This program serves all people, ages 16 and up, accused of criminal offences and required to attend bail court. It provides information to the courts to speed up the court process. For those who qualify for bail, without the finances or social ties to meet bail conditions, we also offer supervision to those released while awaiting trial. The program supports the reduction of delays in criminal court and represents a cost effective alternative to remand in jail, by enabling the release of accused individuals. An assessment is completed upon release. The results of the assessment help the client and the Bail Supervisor in developing a case plan to address areas of concern that may have contributed to the alleged offence and/or be causing difficulty in a person's life. Funded by the Ministry of the Attorney General.

### **Extrajudicial Measures**

Low risk youth 12 to 17 years old (referred by police) who have committed an offence are referred by City Police. After discussing the incident with a counselor, this youth chooses an appropriate meaningful consequence and within a few weeks reports and verifies its completion. If the youth shows signs of being higher risk of re-offending, referrals are made to appropriate community resources. We believe in the prevention of crime by providing intervention for individuals who are at risk of becoming involved in criminal activity. The Extra Judicial Measures program allows us to assess the youth for risk factors, then provide or refer to appropriate community services. There is no funding for this program.

### **Restorative Justice Practices**

In partnership with Sault Ste. Marie Police Services, Algoma District School Board and Huron Superior Catholic District School Board, a two year project implementing Restorative Practices has proven to be a valuable tool in reducing conflict across a diversity of groups and situations.

Restorative Justice Practices can have a positive effect in reducing the frequency and the severity of re-offending while reducing suspensions and charges to youth, thereby reducing, court costs, court processing time and improved service delivery. There are no limitations to the cases that can be referred. Student conflicts can be resolved, reducing the need for suspensions and/or expulsions. Many victims and offenders participate in a restorative process, if given the opportunity.

Research has shown RJ results in high levels of support among victims and in communities for offender reparation. Both victims and offenders rate restorative processes as more fair and satisfying than a traditional criminal justice system. Funded by

Ontario Trillium Foundation.

**Social Skills Training**

Communication skills workshops are offered through Fee for Service to employer groups and also integrated into several programs at the agency for unemployed and at risk individuals. The curriculum is altered as needed and sessions relate to the participants personal needs. Sessions include but are not limited to: problem solving, thinking skills, anger management, giving and receiving feedback, conflict resolution, risk taking, attending/listening, goal setting and stress management.

## Simcoe Muskoka

Barrie Office  
80 Bradford St., Unit 336  
Barrie, ON  
(705) 733-0683

Orillia Office  
17 Colborne St. E., Unit 109  
Orillia, ON  
(705) 325-6561

Executive Director: Mr. Keith Kacsuta  
Website: <http://johnhoward.on.ca/muskoka/>  
E-mail: [kkacsuta@jhssm.ca](mailto:kkacsuta@jhssm.ca)

### **North Simcoe Attendance Centre**

The Attendance Centre staff will complete an individual assessment for each young person at intake to assess static and dynamic risk factors for recidivism as well as strengths and protective factors in the young person's community, family and self. The assessment tool is the Youth Level of Service/Case Management Inventory (YLS/CMI). The Probation Officer will also provide a copy of the Risk/Needs Assessment as well as any other relevant information concerning the client. An Individual Case Management Plan will be developed based on the completed assessment tools and input from all relevant people in the young person's life. The case plan will state which risk factors the client will be targeting while participating in the Attendance Centre, as well as the Protective Factors that the Attendance Centre will assist the client and the family in strengthening. The Individual Case Plan will also identify at least two goals that the client will be working towards while participating in Attendance Centre programming and the frequency of service.

Attendance Centre staff will provide the Probation Officer with a monthly update report, outlining the hours the client has completed that month, what work the client has done towards their goals and any concerns or further recommendations the staff may have concerning the client. A termination report will also be completed for the client upon termination from the program (successful or otherwise), and a copy will be provided to the Probation Officer. Attendance Centre staff will promptly notify the Probation Officer of a client's failure to attend.

Operating in a large rural area, Attendance Centre staff will be sensitive to the socio-economic and geographical needs of all clients, and provide assistance with transportation and if needed travel to the client and meet at a community operated facility such as a private room in a library close to the client's home.

Programming will be:

- Based on Cognitive Behavioural principles and interventions, best practices, consultation, and evidence
- Considerate of cultural diversity of clients, taking language and cultural needs and practices into consideration when developing case plans

## JHSO – Youth Programs & Services Inventory by Local Office

- Integrated with other services within the community through appropriate referrals made by the Attendance Centre to other existing services in the community
- Designed to create and enforce positive community connections for the clients and their families

### **SNAP-YJ-12 Session Module**

This program is for males between the ages of 12 and 17 who are involved in the Youth Justice System. The SNAP strategy involves learning to identify physiological responses and emotional triggers, calm your body and challenge cognitive distortions/thinking errors replacing with coping statements, in order to move forward and explore socially appropriate solutions/plans. This program is funded by the Ministry of Children and Youth Services.

## Sudbury

204 Pine St.  
Sudbury ON  
(705) 673-9576

Executive Director: Mr. John Rimore  
Website: [johnhoward.on.ca/sudbury/](http://johnhoward.on.ca/sudbury/)  
Email: [office@johnhowardsudbury.com](mailto:office@johnhowardsudbury.com)

### **Extrajudicial Sanctions (EJS)**

This program provides community-based post-charge sanctions, outside of the formal judicial proceedings, where a young person cannot be adequately dealt with by police caution, warning or referral to a community program because of the nature and number of offences or any other aggravating circumstances. Young persons, aged 12 to 17, alleged to have committed an offence, who accept responsibility for participation or involvement in the commission of the offence are eligible. The young person has been informed of their rights to counsel, been given a reasonable opportunity to consult with counsel and having been informed of the EJS, freely consents to participate in an Extrajudicial Sanction. Funded by the Ministry of Children and Youth Services.

### **Extrajudicial Measures (EJM)**

This program provides community-based pre-charge measures, where a young person can be adequately dealt with by police warning, caution, or referral to a community program. Young persons (ages 12 to 17) are eligible if in the following situations:

- Young persons alleged to have committed an offence, who accept responsibility for participation or involvement in the commission of the offence;
- Young persons who have been informed of their rights and consent to participate in an Extrajudicial Measure;
- There is sufficient evidence in the opinion of the police officer to proceed with charge(s) against the young person for the offence, and the prosecution is not in any way barred by law.

Funded by the Ministry of Children and Youth Services.

### **Victim Awareness Service**

This service consists of an initial assessment with each person referred to the service. This is followed by a group session and a follow up contact one month after the group session. The service is aimed at fostering greater understanding of what the victims of crime experience. The group session will assist the youth by challenging their thinking and assist them in re-evaluating their relationships with others, especially with the victims themselves. This service offers the participants alternative thinking and encourages in them a personal responsibility for their actions. Funded by the Ministry of Children and Youth Services.

### **Shoplifting Education Service**

This service differs from a victim awareness service in that it deals specifically with shoplifting as a criminal act and not just an action against another person/group/organization.

This service consists of an initial assessment with each person referred to the service. This is followed by a group session and a follow up contact one month after the group session. The group session does have aspects of awareness of the victim but is primarily concerned with shoplifting as an act that is wrong and must cease. Presentations at this session are made by a representative merchant or merchant association that provides hard data about shoplifting and its effects for the merchant. Funded by the Ministry of Children and Youth Services.

### **Personal Service Work**

Personal service work is an activity or set of activities comprised of tasks to be performed by the young person without remuneration that can be seen to serve a specific short- or long-term benefit to both the young person and the community. Community service activities are individualized and address the overall reintegration and/or rehabilitation of the young person. This work also supports accountability of the young person, provides an opportunity for the young person to recognize their skills and abilities and encourages constructive use of leisure time. A range of placements are available in the community and are facilitated by the program coordinator. Funded by the Ministry of Children and Youth Services.

### **Anger Management Program**

The Anger Management program includes cognitive behavioural sessions on anger, stress, communication and conflict resolution. The program was developed by the Centre for Children and Families in the Justice System. This program focuses on providing participants with greater motivation and rationale for wanting to express anger constructively and incorporates a strong cognitive component in the group sessions. This is achieved by increasing skills training on interpersonal problem/conflict resolution and shifting the emphasis from traditional classroom approaches to learning through activities. It is a family based program. Funded by the Ministry of Children and Youth Services.

### **Sudbury Youth Rocks Music Program**

The objective of this program is to allow young offenders free access to music equipment with the assistance and instruction from seasoned musicians. This setting will allow participants to learn at their own pace and form a team with other youth that share common interests. Young persons, ages 10 to 17, alleged to have committed an offence or who are at risk for criminal involvement can participate in this program. The participants form a rock band from the outset and then play at community events. The *Sudbury Youth Rocks Music Program* allows its members to give back to the community in



a positive way and offer a rewarding environment for youth at risk. Funded by the John Howard Society of Sudbury, Sudbury Community Foundation, Long and McQuade Music, donations and performance fees.

**Horses and Youth Program**

The objective of this program is to allow young persons in serious conflict with the law free access to learning how to care for and control horses. This is coupled with life skills sessions for the participants so they can practice what they have learned with learning how to care for horses. Young persons aged 12 to 17 can participate in this program. The participants will learn skills of teamwork and empathy. Funded by the United Way of Sudbury and Nipissing Districts.

## Thunder Bay

315 South Syndicate Ave.  
Thunder Bay, ON  
(807) 623-5355

Executive Director: Mr. Kevin Haynen  
Website: <http://johnhoward.on.ca/thunderbay/>  
Email: [info@johnhowardtbay.on.ca](mailto:info@johnhowardtbay.on.ca)

### **Remote Community Intervention Program**

The Remote Aboriginal Intervention Program works in partnership with First Nation Communities to assist youth in conflict with the law. The program is currently delivered in Eabemetoong, Weagamow, Webequie and Long Lake #58 First Nation.

Each community has a Remote Community Intervention Worker (RCIW) that works closely with youth to support them through their completion of court ordered sanctions. The RCIW will facilitate culturally appropriate programming and activities that engage youth in addition to promoting positive responses to the challenges the youth face in the community. Our Aboriginal Youth Counsellor provides clinical counseling to youth referred to the program by the probation team. Some key components and goals of the program include:

#### *Responsivity to Aboriginal Cultural Issues:*

- To develop, organize and involve young persons in appropriate community program activities (i.e. community service orders, restitution and extrajudicial sanctions), encouraging the use of more traditional alternatives wherever possible.

#### *Community Development:*

- To develop community awareness and provide input and participation in community youth justice program activities.
- To model positive behaviour in the community and strive to engage clients in activities that will benefit the community as a whole.

#### *Support Services:*

- In conjunction with the Case Manager, assist in the referral of youth to appropriate agencies, programs and services for support, treatment, counseling, etc. in accordance with the Case Management Plan.
- To assist with discharge planning for young persons in custody, including the provision of information relevant to reintegration leaves or discharge plans.
- To assist referred youth to develop short- and/or long-term plans/goals related to the Case Management Plan.
- To act as a community contact for ongoing communication between the Case Manager and community representatives.

### **Restorative Justice & Conflict Resolution**

The Youth Restorative Justice & Conflict Resolution program, also known as On-Track, is currently offered at Geraldton Composite High School (Geraldton) and Westgate Collegiate & Vocational Institute (Thunder Bay). This program aims to resolve in-school

conflicts through peer mediation, while supporting students experiencing mental health issues. It encourages youth to be accountable for their behavior while encouraging pro-social outcomes.

The On-Track Program offers support for mental health and addiction concerns, and teaches problem solving/conflict resolution skills. Youth attending the high schools are trained as Peer Mediators and assist in finding a resolution to problems and conflicts that arise between students. The coordinator of this program helps students develop their skills as mediators, and forges partnerships in the community to ensure youth have access to support services.

## Toronto

1669 Eglinton Ave. West  
Toronto ON  
(416) 925-4386

Executive Director: Ms. Sonya Spencer  
Website: <http://www.johnhoward.on.ca/toronto>  
Email: [contact@johnhowardtor.on.ca](mailto:contact@johnhowardtor.on.ca)

### **H.I.P.P. (Helping Individuals Plan Positively)**

This program is available to individuals between the age of 16 to 24 who are either involved in the justice system or at risk of. Staff deliver this program in a variety of settings which include: the Metro East Detention Centre; Toronto South Detention Centre and various Secondary Schools. These individuals are provided counselling in the area of Anger Management, Pre-release counselling specific to employment, education and/or training.

### **S.T.E.P. (SAFER TOMORROWS through EDUCATION and PREVENTION)**

This program is designed to assist students and youth to achieve academic success while building upon essential living and life skills. Our staff in the STEP program create a safe and youth focused environment where individuals have the opportunity set goals through educational and training supports. For those youth seeking employment our staff work to provide resources and connections with well-matched employers. Individual counselling support is key to the success of this program. In addition a variety of workshops are delivered in school settings.

## Waterloo-Wellington

Main Office  
310 Charles St. E.  
Kitchener, ON  
(519) 743-6071

Guelph Office  
85 Westmount Rd.  
Guelph, ON  
(519) 836-1501

Cambridge Office  
40 Ainslie St. S.  
Cambridge, ON  
(519) 622-0815

Executive Director: Ms. Joan Nandlal

Website: <http://johnhoward.on.ca/waterloo/>

Email: [inquiries@waterloo.johnhoward.on.ca](mailto:inquiries@waterloo.johnhoward.on.ca)

### **Extrajudicial Measures and Sanctions**

This program provides an opportunity for youth who have committed minor offences to take responsibility for their actions and make amends to the community. Some youth are required to meet with a community panel to develop a contract that may include such things as restitution, letters of apology, essays, attending special programs and performing volunteer work. Others are referred directly to one or more educational workshops on: Preventing Property Crimes, Understanding Anger, Get Connected, and Drug and Alcohol Awareness. These workshops educate youth about making good choices and thinking before acting. They also stress the development of decision-making skills, moral reasoning, victim empathy and dealing with negative peer pressure.

Youth are referred to Extrajudicial Measures program by police (pre-charge) or to Extrajudicial Sanctions by the Crown Attorney (Post-charge). The latter are seen by Youth Justice Committees, which are comprised of community volunteers who have been trained under principles of the Youth Criminal Justice Act. This program is funded by the Ministry of Children and Youth.

### **Attendance Centre Program**

This program is intended for 12 to 17 year old youth as an alternative to a term of custody. The program focuses on the development of cognitive skills that reinforce positive values and promote responsible behaviour. Youth develop stronger problem solving skills and learn to apply critical reasoning and consequential thinking in their everyday lives. A variety of components are available for the youth to attend. These may include Smart Choices, Substance Awareness, Employment Readiness, Life Management Skills and Surviving School (Study Skills). Youth may be referred directly from the courts or from a Probation Officer. This program is funded by the Ministry of Children and Youth.

As part of the Attendance Centre program, staff draw upon the Stop Now and Plan (SNAP) Program. SNAP is an e based learning tool available to youth justice staff to assist them in teaching emotion regulation, self-control and problem-solving skills. Currently being piloted with males involved in the youth justice system, this 12 module program is a, highly interactive, technology based program to teach youth how to stop and think in the moment” and explore strategies and skills for making positive choices.

### **School-Based Crime Prevention Programs**

Communicating Our Perspectives and Emotions Successfully (COPES) is a school-based program for students who have displayed impulsive and aggressive behaviour within the classroom and as a result, have difficulty interacting appropriately within a school setting. Working in small groups over a period of 8 to 10 weeks, the program attempts to assist these students to develop coping skills to better handle stress and to increase their awareness of the causes and consequences of their behaviour. Youth enhance their problem solving skills, learn productive ways of managing their anger, and are better able to understand their emotions and control their behaviour. COPES is designed for youth aged 12 to 16, and is currently offered in senior elementary and high schools, as well as community settings. This program is funded by local United Ways.

Bullying Prevention/Social Competency Programs offered to primary and junior grades are intended to empower children to prevent bullying, and when it occurs, to identify it as such and be able to intervene and obtain appropriate assistance to prevent it from escalating. Topics covered include: general information about bullying, self-esteem, assertiveness, problem solving, understanding and appreciating diversity, understanding feelings, communicating effectively, building empathy, cyber-bullying, and being a friend. Sessions include role-playing, games, activities, stories, songs and puppets. Separate content has been created for primary and junior grades and content aligns with Ministry of Education curriculum requirements. Sessions are offered over a few weeks to multiple classrooms in the same school to promote school-wide gains. An evaluation study completed in 2016 showed the program has positive impacts for children in changing both cognition and behaviour. This program is funded by local United Ways.

### **Employment Services**

Our Employment Resource Centre is an Employment Ontario funded site that provides general community access to employment and community supports to all ages in Cambridge and North Dumfries. As an Employment Ontario site for Cambridge and North Dumfries, community members can access more direct supports beyond those offered in our Employment Resource Centre. Clients requiring more intensive services register with us and have access to one-on-one service with an Employment Counsellor or Job Developer as well as job coaching support services. We will ensure that clients have an attractive and effective résumé for self-marketing and, in some instances, will make the approach to employers on the client's behalf. We have limited funds to subsidize the training period of some clients as well as money to assist some clients with limited expenses to begin their employment. We also have occasional specialized programs to assist specific populations. For example, Youth Job Connection, Youth Job Connection – Summer and Youth Job Link, programs assisting youth with a continuum of capacities in securing employment.

**Youth in Transition**

There are only 50 Youth in Transition Worker positions in Ontario and they serve transitional aged youth coming out of the child welfare system who may or may not be justice sector involved. This program was launched in 2014. JHSWW completed for a contract to provide the program and is pleased to have been selected to deliver the program. JHSWW was one of the first agencies to have it up and running.

The program foregrounds individual coaching and psycho-educational supports for preparedness for successful transition into adulthood. Thus, the worker fosters the development of skills and strengths necessary for independence, including skills necessary for making smart, healthy and informed choices. More specifically, coaching and support addresses one or more of the following as needed using a client-centered, strengths-based approach: obtaining and keeping stable and safe housing, securing and maintaining employment, pursuing the completion of secondary school credits and pursuing additional education or training, developing personal financial literacy and management skills, building healthy interpersonal relationships, and the importance of developing skills and engaging in activities that promote wellness (i.e., mental and physical health). Where required, support includes referral to and building confidence for clinical services to address early trauma. This program is offered in Waterloo Region and funded by the Ministry of Community and Social Services.

## Windsor-Essex County

275 Oak St.  
Windsor, ON  
(519) 252-3461

Executive Director: Ms. Bella Brewer  
Website: [johnhoward.on.ca/windsor-essex/](http://johnhoward.on.ca/windsor-essex/)  
Email: [info@jhswindsor.org](mailto:info@jhswindsor.org)

### **Educational Presentations and Programs**

Group programs and presentations are offered to elementary and secondary schools in the Windsor-Essex area which address anger management, domestic violence, shoplifting, bullying-R.E.V.I.S.E. (Reduce Violence in the School Environment), drugs and alcohol, and vandalism -R.E.C.A.P. (Reducing Crime Against Property). We provide a three-session one-on-one drug and alcohol program for high school students.

### **MAC (Making Alternative Choices)**

The Mac program is a six session, one-on-one anger management program for youth under the age of 18 years. The main focus of these sessions is to enable the participants to understand and deal with their problems of anger. The areas of focus include identifying self-talk, challenging negative beliefs, improving communication skills and developing better alternatives to effectively manage anger.

### **Reintegration Support Services/Community Partnerships**

This is a program funded by the Ministry of Children and Youth Services that provide services and programs which address specific assessed needs of a young person (who has been found guilty of an offence and are currently on probation, conditional supervision or community supervision or young persons on detention status as part of a community release plan) to help with rehabilitation and reintegration. The program is designed to support and encourage youth to successfully reintegrate into the community by providing the necessary support and guidance for them to prosper in society. Additional reintegration supports will be provided for Youth mental Health Court Clients.



## York Region

306 -16600 Bayview Ave.  
Newmarket, ON  
(905) 895-9943

Executive Director: Ms. Christin Cullen  
Website: [www.johnhoward.on.ca/yorkregion/](http://www.johnhoward.on.ca/yorkregion/)  
Email: [admin@johnhowardyorkregion.on.ca](mailto:admin@johnhowardyorkregion.on.ca)

### **H.Y.P.E. (Healthy Youth Preventative Education)**

The HYPE Program is a 15 session evidence based program that targets the prevention of violence through the promotion of positive, healthy relationships. The program offers small group sessions that promote healthy relationships and target a wide range of abusive and violent behaviours, high risk sexual behavior and addictions among adolescents.

Through this program, youth will be empowered to engage in healthier relationships and build social and emotional strengths to develop into successful, contributing adults. This is a voluntary program for at risk youth aged 12-25 and is available at no cost. The HYPE Program is supported through the Ontario Trillium Foundation and delivered in partnership with 360°kids.