

JohnHoward

SOCIETY OF THUNDER BAY & DISTRICT

August 2016

Newsletter

Going Fishing!

John Howard Society was recently allotted funding to purchase fishing equipment for use in our Remote Community Intervention Program (RCIP). The RCIP works with Aboriginal youth who have come into contact with the law and who are fulfilling community-based sanctions in their home communities. The RCIP supports youth in completing all court-ordered sanctions. In addition to providing youth with clinical counselling, the RCIP also offers youth the opportunity to participate in culturally relevant programming such as traditional arts and crafts and healing practices. Now youth will be able to learn to fish, too, and to have equipment available for their use. The RCIP serves Eabemetoong First Nation, Weagamow Lake First Nation, Webequie First Nation and Long Lake #58 First Nation. The fishing gear will be distributed among these communities. In the picture to the right, our RCIP youth counsellor Tracey Sauls sports one of the new lifejackets and holds one of the new fishing rods youth will be able to use.



Jeff: A Success Story



Jeff was released from a federal institution on full parole to reside at the John Howard Society. After settling into the residence, he began searching for a hobby to pass the time productively. Jeff began volunteering at a local not for profit agency. After finding the joy in positively donating his time, he began going daily to this agency to volunteer. After months, Jeff was offered a full time job working for this agency. He continues to make positive choices each day, leading a sober and crime free lifestyle.

If you need a large print version or would like to be added to our mailing list to receive a digital copy please contact us at 807-623-5355 ex.507 or at pwolframe@johnhowardtbay.on.ca



Howard Ball Coming up November 5!

Tickets are on sale for Lakehead Motors presents: The Howard Ball, a night of masquerade and mystery. The ball will be on November 5, 2016 in the Valhalla Inn Ballroom.

The evening will feature a four course meal, live entertainment including music from Women in Black trio, tarot card and tea leaf readings, a red carpet photo shoot, magic tricks at your table, dancing with music from DJ Maverick, and other featured acts, to be announced.

Tickets are \$80 or \$750 for a table of 10. The first 20 people to purchase a table will get a free stay at the Valhalla Inn the night of the ball. One room per table purchase only. We're still under 20 tables, so get your table plus a room while you can! Proceeds will benefit John Howard Society's rehabilitative residential programs and The United Way.

We are currently collecting items for the silent auction and would be happy to receive donations from local business owners.

Tickets are available at our office, Habitat for Humanity, Lakehead Motors or at howardball2016.eventbrite.ca.

Fundraising Report & Volunteer Opportunities



Summer is a pretty quiet month for fundraising across the city as people enjoy vacation time and being outdoors. In the spring we participated in United Way's Great Billboard Rescue, with funds raised by our team going to help support John Howard Society's rehabilitative residential programs, and in June we held a "tag day" donation drive at local Beer Store locations. We raised over \$2200 with these two events!

We are looking for volunteers for our next donation drive at Metro on River Street, September 10th from 8 am – 8 pm. Shifts are one hour in duration and involve collecting donations and distributing information to customers as they exit the store. For more information or contact volunteer coordinator PhebeAnn Wolframe at pwolframe@johnhowardtbay.on.ca or 623-5355 x. 507.

Thank you so much to everyone who has supported our fundraising events by volunteering and/or donating!



Gardening & Good Medicine

In June, Social Navigator Laurie, Fundraising Administrator PhebeAnn (pictured below with a resident), and residents planted our Garden bed with the help of in-kind donations from the RFDA and Landale gardens.

We have a variety of tasty fresh vegetables growing: potatoes, lettuces, Brussels sprouts, red cabbage, tomatoes, and peppers. We are even growing a couple of little peanut plants complements to our neighborhood squirrels! We are excited to harvest our garden bounty as summer moves into fall.

This fall Laurie will also be running a new life skills program called "Good Medicine" which focuses on ways to develop balance in life and includes topics such as goal-setting and coping strategies.



Andrew: A Success Story

Andrew moved into John Howard Society after being released on parole from a federal institution. He struggled with opening up to staff and speaking about his criminal history, because he said he felt remorse for his past. Andrew actively participated in programming and began job hunting. He secured full time employment and then began apartment hunting. Upon his warrant expiry date, Andrew was able to move out into the community. Andrew stopped in once after his transition to thank staff.

JHS now offers both the Mental Health First Aid Basic Training and Mental Health First Aid for Adults who Interact with Youth Training.



Mental Health First Aid

Fall sessions will be happening in October. Please contact Colleen Peters, Facilitator, for more information contact: cpeters@johnhowardtbay.on.ca or 623 5355 ext 508. cpeters@johnhowardtbay.on.ca or (807) 623-5355 x. 508.

Ian: A Success Story

Ian arrived at John Howard Society Thunder Bay after recovering from alcohol addiction. After settling in, Ian took part in programming offered at JHS, including life skills. Ian remained in recovery while living at John Howard. He steadily gained self-confidence, leading to him applying for employment.

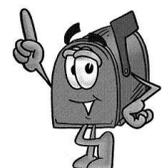
Ian completed all of the goals set out in his Resident Action Plan and graduated from JHS's rehabilitative residential program. He then found his own apartment and filled it with furniture he had purchased prior to moving out of JHS.



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Please share our success stories posted monthly on our social media pages!